

# Real Good

COPPER KNOB  
BY STEPHEN BRETZ

拍数: 0      墙数: 3      级数: Intermediate  
编舞者: Michael Vera-Lobos (AUS) & Noel Bradey (AUS)  
音乐: Sure Feels Real Good - Michael Peterson



Sequence: ABBC, ABC, BC, ABB

## PART A

- 1-2-3-4      Step forward left, on balls of both feet twist  $\frac{1}{4}$  turn right, twist  $\frac{1}{4}$  turn left, step forward on right  
5-6-7-8      On balls of both feet twist  $\frac{1}{4}$  turn left, twist  $\frac{1}{4}$  turn right, step forward on left, pivot turn  $\frac{1}{2}$  turn right (weight on right)
- 1-2-3-4      Step forward left, on balls of both feet twist  $\frac{1}{4}$  turn right, twist  $\frac{1}{4}$  turn left, step forward on right  
5-6-7-8      On balls of both feet twist  $\frac{1}{4}$  turn left, twist  $\frac{1}{4}$  turn right, step forward on left, pivot turn  $\frac{1}{2}$  turn right (weight on right)
- 1&2-3-4      Shuffle forward left-right-left, step forward right, pivot turn  $\frac{1}{2}$  turn left (weight on left)  
5&6-7-8      Shuffle forward right-left-right, step forward left, pivot turn  $\frac{1}{2}$  turn right (weight on right)
- 1-2-3-4      Cross/step left over right, step back on right, step left to left, stomp right beside left (weight on right)

## PART B

- 1&2      Cross/step left behind right, step right to right side, replace weight to left (left sailor shuffle)  
3-4      Cross/step right behind left, turn  $\frac{1}{4}$  turn left stepping forward on left  
5-6      Step forward right, pivot turn  $\frac{1}{2}$  turn left (end weight on right)  
7&8      Step back on left, step on right beside left, step forward on left (left coaster step)
- 1-2-3-4      Step forward right, scuff left beside right, step forward left, scuff right beside left  
5-6-7-8      (16) Rock/step forward on right, replace weight to left, rock/step back on right, replace weight to left
- 1-2      Step forward right, pivot turn  $\frac{1}{4}$  turn left (weight on left)  
3-4      Touch right over left, turn  $\frac{3}{4}$  turn left (weight on right)  
5&6      Shuffle back left-right-left  
7-8      (24) Rock/step back on right, rock forward on left
- 1-2-3&4      Step right forward, pivot turn  $\frac{1}{2}$  turn left (weight on left), side shuffle to right on right-left--right  
&5&6      On ball of right hinge/turn  $\frac{1}{2}$  turn left, side shuffle to left on left-right-left  
&7&8      (32) On ball of left hinge/turn  $\frac{1}{2}$  turn right, side shuffle to right on right-left-right

## PART C

The following steps are added between counts 24 and 25 of Part B to make Part C (38 counts)

- 1-2-3-4      Step forward on right, slowly turn  $\frac{1}{2}$  turn left shimmying shoulders 3 times (weight on right)  
&5-6      Step back on left beside right, step back on right, step back on left beside right