

Real Bad Mood

拍数: 32 墙数: 4 级数: Improver
编舞者: Christine Bass (USA)
音乐: Real Bad Mood - The Marie Sisters



KICK AND TOUCHES, SHUFFLE FORWARD, CROSS ROCK ¼ TURN LEFT

1&2 Right kick forward, bring right to center, touch left to left side
3&4 Left kick forward, bring left to center, touch right to right side
5&6 Shuffle forward right, left, right
7&8 Cross rock left over right, recover on right, ¼ turn left (9:00)

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT, CROSS ROCK ½ TURN RIGHT, KICK BALL STEP

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Cross rock right over left, recover on left, ½ turn right
7&8 Kick left, step left next to right, step right next to left next (3:00)

LEFT SIDE SHUFFLE LEFT-RIGHT-LEFT, RIGHT ½ TURN, RIGHT SIDE SHUFFLE RIGHT-LEFT-RIGHT, LEFT SAILOR, RIGHT SAILOR ¼ TURN

1&2 Left side shuffle (left, right, left), right ½ turn
3&4 Right side shuffle (right, left, right)
5&6 Step left behind right, step right to the right, step left to the left
7&8 Step right behind left, ¼ turn step left to the left, step right to the right (6:00)

SHUFFLE FORWARD LEFT-RIGHT-LEFT, RIGHT KICK BALL STEP, ¾ PADDLE TURNS

1&2 Forward shuffle left, right, left
3&4 Right kick ball step (kick right forward, step right next to left, step left next to right)
&5 Hitch right knee, touching toe to the right
&6 Hitch right knee, pivot ¼ turn left touching toe to the right
&7 Hitch right knee, pivot ¼ turn left touching toe to the right
&8& Hitch right knee, pivot ¼ turn left touching toe to the right, hitch right knee (9:00)

REPEAT

TAG

3rd repetition (facing 6:00)

JAZZ BOX, RIGHT MONTEREY, JAZZ BOX, RIGHT MONTEREY, HIP BUMPS

1-4 Cross right over left, step back on left, step right to side, step left next to right
5-8 Right Monterey turn

1-4 Cross right over left, step back on left, step right to side, step left next to right
5-8 Right Monterey turn

1&2 Right, left, right hip bumps
3&4 Left, right, left hip bumps