

Ready-Steady-Start (Cha-Cha U)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Angelina - Lou Bega



SIDE STEP, CROSS BEHIND, ¼ SHUFFLE TURN (RIGHT), SIDE STEP ¼ TURN (RIGHT), CROSS BEHIND, SIDE SHUFFLE (LEFT)

1 Step right to side
2 Cross step left behind right
3&4 Shuffle ¼ turn right stepping (right-left-right)
5 Turning ¼ turn right, step left to side
6 Cross step right behind left
7&8 Shuffle left stepping (left-right-left)
9-16 Repeat above counts 1-8

(RIGHT) MAMBO FORWARD, CHA-CHA-CHA, (LEFT) MAMBO BACK, CHA-CHA-CHA

17 Step (rock) right forward, slightly lifting left off floor
18 Step left back to floor
19&20 Triple step in place, stepping (right-left-right) making sure to wiggle your hips
21 Step (rock) left backward, slightly lifting right off floor
22 Step right back to floor
23&24 Triple step in place, stepping (left-right-left) making sure to wiggle your hips

STEP FORWARD, ½ PIVOT (LEFT), STEP FORWARD, ½ PIVOT (LEFT), CROSS WALK FORWARD

25 Step right forward
26 On (balls of) both feet, pivot ½ turn left
27 Step right forward
28 On (balls of) both feet, pivot ¼ turn left
29 Cross step right in front of left
30 Cross step left in front of right
31 Cross step right in front of left
32 Cross step left in front of right

SHUFFLE FORWARD, FORWARD ROCK-RECOVER, SHUFFLE BACK, BACK ROCK-RECOVER

33&34 Shuffle forward, stepping (right-left-right)
35 Step (rock) left forward, slightly lifting right off floor
36 Step right back to floor (recover)
37&38 Shuffle backward, stepping (left-right-left)
39 Step (rock) right backward, slightly lifting left off floor
40 Step left back to floor (recover)

¼ TURN (LEFT), CROSS & CROSS, ¼ TURN (RIGHT), ¼ TURN (RIGHT), CROSS & CROSS

41 Step right forward
42 On (balls of) both feet, pivot ¼ turn left
43 Cross step right in front of left
& Step left slightly to side
44 Cross step right in front of left
45 Turning ¼ turn right, step left backward
46 Turning ¼ turn right, right step to side
47 Cross step left in front of right
& Step right slightly to side

48 Cross step left in front of right

SIDE ROCK-RECOVER, CROSS & CROSS, ¼ TURN (RIGHT), ¼ TURN (RIGHT), CROSS & CROSS

49 Step (rock) right out to side, slightly lifting left off floor

50 Step left back to floor (recover)

51 Cross step right in front of left

& Step left slightly to side

52 Cross step right in front of left

53 Turning ¼ turn right, step left backward

54 Turning ¼ turn right, step right to side

55 Cross step left in front of right

& Step right slightly to side

56 Cross step left in front of right

SIDE ROCK-RECOVER, ¼ TURN (RIGHT) BACK ROCK-RECOVER, STEP FORWARD, ½ PIVOT (LEFT), ¼ TURN (LEFT), STEP TOGETHER

57 Step (rock) right out to side, slightly lifting left off floor

58 Step left back to floor (recover)

59 Turning ¼ turn right, step (rock) right backward, slightly lifting left off floor

60 Step left back to floor (recover)

61 Step right forward

62 On (balls of) both feet, pivot ½ turn left

63 Turning ¼ turn left, step right to side

64 Step left together

REPEAT
