

# Ready-Steady-Start (Cha-Cha U)

**COPPER** **KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
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音乐: Angelina - Lou Bega



## **SIDE STEP, CROSS BEHIND, ¼ SHUFFLE TURN (RIGHT), SIDE STEP ¼ TURN (RIGHT), CROSS BEHIND, SIDE SHUFFLE (LEFT)**

- 1            Step right to side
- 2            Cross step left behind right
- 3&4        Shuffle ¼ turn right stepping (right-left-right)
- 5            Turning ¼ turn right, step left to side
- 6            Cross step right behind left
- 7&8        Shuffle left stepping (left-right-left)
- 9-16       Repeat above counts 1-8

## **(RIGHT) MAMBO FORWARD, CHA-CHA-CHA, (LEFT) MAMBO BACK, CHA-CHA-CHA**

- 17           Step (rock) right forward, slightly lifting left off floor
- 18           Step left back to floor
- 19&20      Triple step in place, stepping (right-left-right) making sure to wiggle your hips
- 21           Step (rock) left backward, slightly lifting right off floor
- 22           Step right back to floor
- 23&24      Triple step in place, stepping (left-right-left) making sure to wiggle your hips

## **STEP FORWARD, ½ PIVOT (LEFT), STEP FORWARD, ½ PIVOT (LEFT), CROSS WALK FORWARD**

- 25           Step right forward
- 26           On (balls of) both feet, pivot ½ turn left
- 27           Step right forward
- 28           On (balls of) both feet, pivot ¼ turn left
- 29           Cross step right in front of left
- 30           Cross step left in front of right
- 31           Cross step right in front of left
- 32           Cross step left in front of right

## **SHUFFLE FORWARD, FORWARD ROCK-RECOVER, SHUFFLE BACK, BACK ROCK-RECOVER**

- 33&34      Shuffle forward, stepping (right-left-right)
- 35           Step (rock) left forward, slightly lifting right off floor
- 36           Step right back to floor (recover)
- 37&38      Shuffle backward, stepping (left-right-left)
- 39           Step (rock) right backward, slightly lifting left off floor
- 40           Step left back to floor (recover)

## **¼ TURN (LEFT), CROSS & CROSS, ¼ TURN (RIGHT), ¼ TURN (RIGHT), CROSS & CROSS**

- 41           Step right forward
- 42           On (balls of) both feet, pivot ¼ turn left
- 43           Cross step right in front of left
- &            Step left slightly to side
- 44           Cross step right in front of left
- 45           Turning ¼ turn right, step left backward
- 46           Turning ¼ turn right, right step to side
- 47           Cross step left in front of right
- &            Step right slightly to side

48 Cross step left in front of right

**SIDE ROCK-RECOVER, CROSS & CROSS, ¼ TURN (RIGHT), ¼ TURN (RIGHT), CROSS & CROSS**

49 Step (rock) right out to side, slightly lifting left off floor

50 Step left back to floor (recover)

51 Cross step right in front of left

& Step left slightly to side

52 Cross step right in front of left

53 Turning ¼ turn right, step left backward

54 Turning ¼ turn right, step right to side

55 Cross step left in front of right

& Step right slightly to side

56 Cross step left in front of right

**SIDE ROCK-RECOVER, ¼ TURN (RIGHT) BACK ROCK-RECOVER, STEP FORWARD, ½ PIVOT (LEFT), ¼ TURN (LEFT), STEP TOGETHER**

57 Step (rock) right out to side, slightly lifting left off floor

58 Step left back to floor (recover)

59 Turning ¼ turn right, step (rock) right backward, slightly lifting left off floor

60 Step left back to floor (recover)

61 Step right forward

62 On (balls of) both feet, pivot ½ turn left

63 Turning ¼ turn left, step right to side

64 Step left together

**REPEAT**

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