

Ready-Steady-Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Angelina - Lou Bega



SIDE-BEHIND-RIGHT SIDE ROCK CROSS -SIDE-BEHIND-LEFT SIDE ROCK CROSS

1-2 Step right to right side, step left behind right
3&4 Rock right to right side, recover weight to left foot, step right across left
5-6 Step left to left, step right behind left
7&8 Rock left to left side, recover weight to right foot, step left across right

RIGHT SIDE-ROCK-CROSS-LEFT SIDE-ROCK-CROSS-RIGHT CHA-CHA BACK- LEFT COASTER

1&2 Rock right to right side, recover weight to left foot, step right across left
3&4 Rock left to left side, recover weight to right foot, step left across right
5&6 Right locked cha-cha back right-left-right
7&8 Step left back, step right next to left, step left forward

PRISSY WALK-RIGHT SIDE BALL CHANGE-PRISSY WALK- LEFT SIDE BALL CHANGE

1-2 Step forward on ball of right foot in front of left, step forward on ball of left foot in front of right
3&4 Rock to right side, recover weight to left, step right next to left
5-6 Step forward on ball of left foot in front of right, step forward on ball of right in front of left
7&8 Rock left to left side, recover weight to right, step left next to right

ROCK-RECOVER-RIGHT COASTER ¼ LEFT-LEFT COASTER BACK-RIGHT CHA-CHA

1-2 Rock right to right side, recover weight to left foot
3&4 Step right back behind left, step left ¼ turn left, step forward on right
5&6 Step back on left, step right next to left, step forward on left
7&8 Right cha-cha in place right-left-right

LEFT MAMBO ½ RIGHT-RIGHT CHA-CHA-LEFT CHA-CHA-RIGHT MAMBO FORWARD

1&2 Touch left toe forward, pivot ½ right, step left next to right
3&4 Right cha-cha forward right-left-right
5&6 Left cha-cha forward left-right-left
7&8 Rock forward on right, recover weight back to left, step right next to left

ROCK-RECOVER ¼ RIGHT-SIDE-RIGHT SAILOR-SKATE-SKATE-LEFT CHA-CHA

1&2 Rock back on left, recover forward on right making ¼ turn right, step left to left side
3&4 Step right behind left, step left to left side, step right foot to center
5-6 Skate forward stepping on left, skate forward stepping on right
7&8 Left cha-cha in place left-right-left

RIGHT SIDE-CROSS-RIGHT COASTER-LEFT SIDE-CROSS-LEFT COASTER

1-2 Step right to right side, step left across right
3&4 Step back on right, step left next to right, step forward on right (to be done diagonally forward to the left)
5-6 Step left to left side, step right across left
7&8 Step back on left, step right next to left, step forward on left (to be done diagonally forward to the right)

ROCK-RECOVER-½ RIGHT CHA-CHA-¼ RIGHT TURN LEFT CHA-CHA-ROCK-RECOVER

1-2 Rock forward on right, rock back on left
3&4 Cha-cha right-left-right while making ½ turn right

5&6 Cha-cha left-right-left while making $\frac{1}{4}$ turn right
7-8 Rock back on right, recover forward on left

REPEAT
