

Ready To Rock (In A Country Kinda Way)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Thomas Haynes (USA) & Norma Jean Fuller (USA)
音乐: Ready To Rock - Aaron Tippin



ROCK PUSH, STEP BEHIND STEP, KNEES IN, OUT, IN OUT

1-2 Big rock to right on right, push off ball of right kicking right slightly right
3-4 Right step behind left, left step side left
5-6 Right knee in, right out
7-8 Right knee in, right knee out

Option: left arm out, right arm striking guitar up, down up

WALK FORWARD, TOUCH FRONT, SIDE, ROCK BEHIND STEP, HIP BUMPS

1-2 Walk forward right, left
3-4 Touch right toe front, to right side
5-6 Rock right behind left, step left side left
7&8 Hip bumps right-left-right (or shuffle forward right-left-right)

ROCK FORWARD, SHUFFLE BACK, ROCK BACK SHUFFLE FORWARD

1-2 Rock forward on left, recover right
3&4 Shuffle back left-right-left
5-6 Rock back on right, recover left
7&8 Shuffle forward right-left-right

TOE TOUCH, BRUSH, ¼ TURN LEFT SHUFFLE FORWARD, ROCK, RECOVER ROCK RECOVER

1-2 Touch left toe side right, brush left over right
3&4 Turning ¼ turn left shuffle slightly forward left, right, left
5-6 Rock forward on right, recover left
7-8 Rock back on right, recover left

VINE RIGHT, SIDE CHASSE LEFT, ROCK, RECOVER

1-2 Step right, step behind with left
3-4 Step right, touch left
5&6 Side chasse left-right-left
7-8 Rock back on right, recover left

STEP TAP, ROCK RECOVER, ½ SHUFFLE

1-4 Step right forward, tap right heel four beats
5-6 Cross rock left over right, recover left
7-8 Shuffle left, right, left turning ½ left

REPEAT