

# Ready This Time

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 76      墙数: 4      级数: Intermediate  
编舞者: Chris Cleevely (UK)  
音乐: Ready to Run - The Chicks



## ROCK RIGHT, RECOVER, CHASSE RIGHT & ½ TURN RIGHT, ROCK LEFT, RECOVER, CHASSE LEFT

- 1-2            Rock to right side, recover on left  
3&4            Turning chasse right (step right to right side, step left by right and stepping on right foot make ½ turn right)  
5-6            Rock to left side, recover on right  
7&8            Chasse left (stepping left, right, left)

**Optional hand movements: fists on hips**

## HEEL SWITCHES, RIGHT TOE & CLAP, HEEL SWITCHES, LEFT TOE & CLAP

- 9&10            Touch right heel forward, close right by left and touch left heel forward  
&11&12        Close left by right and touch right toe by left, clap, clap  
&13&14        Close right by left and touch left heel forward, close left by right and touch right heel forward  
&15&16        Close right by left & touch left toe by right, clap, clap

## CHASSE LEFT, STOMP, ¼ TURN RIGHT & KICK, RIGHT COASTER STEP, ROCK FORWARD, RECOVER

- 17&18        Chasse left (left, right, left)  
19-20        Stomp right beside left, pivot ¼ turn right on left foot and kick right foot forward  
21&22        Right coaster step (back on right, left by right, right forward)  
23-24        Rock forward on left, recover on right

## ROCK LEFT, RECOVER, BACK COASTER STEP, FULL TURNING GRAPEVINE RIGHT

- 25-26        Rock to left side, recover on right  
27&28        Left coaster step (back on left, right by left, left forward)  
29-32        Full turning grapevine right - stepping right, left, right, touch left

**Optional hand movements: Fists on hips counts 29-40**

## HEEL & TOE X 3, RIGHT KICK BALL CHANGE

- 33&34        Touch left heel forward, close left by right and touch right toe by left  
35&36        Touch right heel forward, close right by left & touch left toe by right  
37&38        Touch left heel forward, close left by right & touch right toe by left  
39&40        Right kick ball change (kick right forward, step on ball of right, step left in place)

## STEP & POINT, STEP & TOUCH TWICE

- 41-44        Step back on right, point left toe behind on left diagonal, step left in front, touch right toe by left  
45-48        Step back on right, point left toe behind on left diagonal, step left in front, touch right toe by left

## RIGHT SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE BACK, ½ TURN RIGHT SHUFFLE FORWARD & STEP ½ TURN RIGHT

- 49&50        Shuffle forward on right, stepping right, left, right  
51&52        ½ turn right and shuffle back on left, stepping left, right, left  
53&54        ½ turn right and shuffle forward on right, stepping right, left, right  
55-56        Step forward on left and pivot ½ turn right (weight on right)

## LEFT SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE BACK, LEFT SHUFFLE BACK, ROCK BACK ON RIGHT, RECOVER

57&58 Shuffle forward on left, stepping left, right, left  
59&60 ½ turn left and shuffle back on right, stepping right, left, right  
61&62 Shuffle back on left, stepping left, right, left  
63-64 Rock back on right, recover on left

**SMALL JUMP RIGHT, TOUCH LEFT, KICK & CLAP, SMALL JUMP LEFT, TOUCH RIGHT, KICK & CLAP,  
FULL TURNING GRAPEVINE RIGHT, FULL TURNING GRAPEVINE LEFT**

&65-66 Small jump to the right (weight on right foot), touch left toe by right and kick left foot & clap  
(kick & clap at the same time)  
&67-68 Small jump to the left (weight on left foot), touch right toe by left and kick right foot & clap  
(kick and clap at the same time)  
69-72 Full turning grapevine right, stepping right, left, right, touch left  
73-76 Full turning grapevine left, stepping left, right, left, touch right

**Optional hand movements: counts 69-76 click fingers on both hands above head.**

**REPEAT**

**FINISH**

**When reaching the 6th wall, dance up to count 54 (right forward shuffle) then step forward on left and pivot ¼  
turn right.**

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