

# Reach Out

拍数: 60      墙数: 2      级数: Improver  
编舞者: Jan Wyllie (AUS)  
音乐: Reach Out - The Four Tops



## SHUFFLE, ROCK RETURN, SHUFFLE ¼ TURN, ROCK RETURN

1&2-3-4      Shuffle right (right, left, right), rock left behind right, rock/return weight to right  
5&6      Shuffle to the left (left, right, left) while making ¼ turn right (becomes a shuffle back)  
7-8      Rock/step back on right, rock forward on left

## SHUFFLE ½ TURN, ROCK RETURN, STEP TOUCH, HEEL JACK

9&10-11-12      Shuffle forward right, left, right while making ½ turn left, rock/step back on left, rock forward on right  
13-14      Step forward on left, touch right toe behind left heel  
15&16      Step back on right, touch left heel forward, step forward on left, touch right beside left (heel jack)

## ROCK RETURN, COASTER CROSS, LEFT SAMBA CROSS, RIGHT SAMBA CROSS

17-18      Rock/step forward on right, rock back on left  
19&20      Step back on right, step left beside right, step right across left  
21&22      Rock/step left to left, replace weight on right, step left across right  
23&24      Rock/step right to right, replace weight on left, step right across left

## ¼ TURN SHUFFLE, ½ TURN ROCK RETURN, WALK BACK TWICE, WALK FORWARD TWICE

25&26      Making ¼ turn right shuffle back left, right, left  
27-28      Making ½ turn right rock/step forward on right, rock back on left  
29-30-31-32      Step back on right, rock/step back on left, step forward on right, step forward on left

## STEP PIVOT ½, STEP PIVOT ¼, ROCK RETURN, STEP BACK, STEP ¼ TURN LEFT

33-34      Step forward on right, pivot ½ left transferring weight to left  
35-36      Step forward on right, pivot ¼ left transferring weight to left  
37-38-39-40      Rock/step forward on right, rock back on left, step back on right, making ¼ left step left beside right

## STEP FORWARD, BUMP HEELS X 3 AND 'REACH OUT', ROCK RETURN, COASTER. REPEAT WITH ¼ LEFT ON COASTER

41-42-43-44      Step forward on right, bump right heel 3 times while 'reaching out' with right hand  
45-46-47&48      Rock/step forward on left, rock back on right, step back on left, step right beside left, step forward on left  
49-56      Repeat last 8 counts (the 'reach out' sequence) adding ¼ turn left on the coaster step

## ROCK RETURN, TURN 1 AND ¼ TURNS RIGHT TO FACE NEW WALL

57-58      Rock/step forward on right, rock back on left  
59-60      Making a 1 and ¼ turn to the right (back over right shoulder) step right, left  
**If you can't turn just make ¼ turn right stepping right to right, step left beside right**

## REPEAT

## RESTART

Restart on wall 2 after count 36. (after the ¼ turn pivot). When you shuffle right to start the dance again just add ¼ left and shuffle facing the front wall

## TAG

### On wall 4 please add this 8 beat tag

1&2-3-4 Shuffle right (right, left, right), rock/step left behind right, return weight to right

5&6-7-8 Making  $\frac{1}{4}$  right shuffle back left, right, left, making  $\frac{1}{4}$  right step right to right side, step left over right

---