

Reach

拍数: 0 墙数: 1 级数: Intermediate/Advanced
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音乐: Reach - S Club 7



Sequence: A, ABCDEFG, A, ABCDEF, A, ABCDE, DEDE

PART A

1-2 Fan both heels out, fan heels back together
3-4 Repeat counts 1-2
5-6 Hitch right knee, step right beside left
7-8 Touch left toe behind right, step left to left side making $\frac{1}{4}$ turn right
9-10 Touch right toe back, raise right behind left & slap with left hand
11-12 Repeat counts 9-10
13-15 Step forward right, lock left behind right, step forward right
16 Raise left behind right & slap with right hand
17-20 Step left to side, cross right behind left, step left $\frac{1}{4}$ turn left, scuff right forward
21-22 Step forward right, close left beside right, step forward right
23-24 Step forward left, pivot $\frac{1}{2}$ turn right
25-26 Step forward left, close right beside left, step forward left
27-28 Step forward right, pivot $\frac{1}{4}$ turn left
29-30 Step forward right, pivot $\frac{1}{4}$ turn left
31-32 Step forward right, pivot $\frac{1}{4}$ turn left
33-64 Repeat Part A counts 1-32

PART B

1-2 Jump both feet apart, jump crossing right over left
3-4 Unwind $\frac{1}{2}$ turn left, clap hands
5-8 Repeat counts 1-4
9|10& Step right to right side, cross left behind right, quickly step right to side
11-12 Cross left over right, touch right toe to right side
13-14 Cross right over left, touch left toe to left side
15-16 Cross left over right, unwind $\frac{1}{2}$ turn right
17&18 Step back right, close left beside right, step back right
19&20 Step back left, close right beside left, step back left
21-24 Walk forward right, left, right, left

PART C

1-2 Touch right toe forward, drop heel at same time click fingers
3-4 Touch left toe forward, drop heel at same time click fingers
5-8 Repeat counts 1-4
9-12 Cross right over left, step back left, step right $\frac{1}{4}$ turn right, step left beside right
13-16 Repeat counts 9-12

PART D

1&2 Kick right forward, step right beside left, step forward left
3-4 Stomp right forward, clap hands
5-6 Scoot back on right with left off the floor twice at same time reach hands up
7-8 Step back on left making $\frac{1}{2}$ turn right, hook right under left knee
9-11 Step forward right, lock left behind right, step forward right
12-14 On ball of right pivot $\frac{1}{2}$ turn right

13-16 Stomp forward left, right, left, right
17&18 Kick left forward, step left beside right, step forward right
19-20 Stomp left forward, clap hands
21-22 Scoot back on left with right off the floor twice at same time reach hands up
23-24 Step back on right making ½ turn left, hook left under right knee
25-27 Step forward left, lock right behind left, step forward left
28 On ball of left pivot ½ turn left
29-32 Stomp forward right, left, right, left
33-47 Repeat counts 1-16 of Part D
49 Touch right beside left

PART E

1-2 Step diagonally forward right, touch left beside right & clap hands
3-4 Step diagonally forward left, touch right beside left & clap hands
5-6 Step diagonally back right, touch left beside right & clap hands
7-8 Step diagonally back left, touch right beside left & clap hands
9&10 Step right to side, close left beside right, step right to side
11-12 Rock left behind right, rock right in place
13&14 Step left to side, close right beside left, step left to side
15-16 Rock right behind left, rock left in place

PART F

1-4 Step forward right, pivot ½ turn left
5-8 Step forward right, on ball of right pivot ½ turn right touching left beside right

PART G

1-4 Step forward left, pivot ½ turn right
5-8 Step forward left, on ball of left pivot ½ turn left stepping right beside left
