

Re-Shuffle

拍数: 32 墙数: 4 级数: Beginner
编舞者: Di From Dubai (UAE)
音乐: Respect - Aretha Franklin



HEEL, TOE, FORWARD RIGHT SHUFFLE; HEEL, TOE, FORWARD LEFT SHUFFLE

1-2 Touch right heel forward, touch right toes back
3&4 Step forward on right foot, step left foot behind right, step forward on right foot
5-6 Touch left heel forward, touch left toes back
7&8 Step forward on left foot, step right foot behind left, step forward on left foot

ROCK FORWARD ON RIGHT, RECOVER, BACK SHUFFLE ON RIGHT; ROCK BACK ON LEFT, RECOVER, FORWARD SHUFFLE ON LEFT

1-2 Rock forward on right foot, recover weight to left foot
3&4 Step back on right foot, step left foot beside right, step back on right foot
5-6 Rock back on left foot, recover weight to right foot
7&8 Step forward on left foot, step right foot behind left, step forward on left foot

STEP, PIVOT ½ TURN, FORWARD RIGHT SHUFFLE - STEP, PIVOT ½ TURN, FORWARD LEFT SHUFFLE

1-2 Step forward on right foot, pivot ½ turn left
3&4 Step forward to right foot, step left foot behind right, step forward on right foot
5-6 Step forward on left foot, pivot ½ turn right
7-8 Step forward on left foot, step right foot behind left, step forward on left foot

STEP, PIVOT ½ TURN, STEP PIVOT ¼ TURN, KICK BALL CHANGE TWICE

1-2 Step forward on right foot, pivot ½ turn left
3-4 Step forward on right foot, pivot ¼ turn left
5&6 Kick right foot forward, step right foot next to left foot, step left foot in place
7&8 Kick right foot forward, step right foot next to left foot, step left foot in place

REPEAT
