

拍数: 48

级数: Intermediate

编舞者: Roy Maples (UK)

音乐: Rock Around the Clock - Bill Haley & The Comets

墙数:4

The dance starts on the word "your"

STEP, LOCK, STEP, SCUFF, LEFT GRAPEVINE, STEP BACK RIGHT, LEFT, LEFT RIGHT, RIGHT GRAPEVINE WITH QUARTER RIGHT TURN AND HITCH

- 1-4 Step forward right, lock step left behind right, step forward right, scuff left
- 5-8 Step left to left side, step right behind left, step left to left side, touch right beside left
- 9-10 Step right back diagonally, touch left beside right and clap
- 11-12 Step left back diagonally, touch right beside left and clap
- 13-15 Step right to right side, step left behind right, step right to right side
- 16 Turn a quarter to right on ball of right foot and hitch left leg

LEFT GRAPEVINE, HALF TURN LEFT, RIGHT GRAPEVINE, LEFT GRAPEVINE, HALF TURN LEFT, RIGHT GRAPEVINE

- 17-19 Step left to left side, step right behind left, step left to left side
- 20 Turn a half to left on ball of left foot hitching right leg
- 21-24 Step right to right side, step left behind right, step right to right side, touch left beside right
- 25-27 Step left to left side, step right behind left, step left to left side
- 28 Turn a half to left on ball of left foot hitching right leg
- 29-32 Step right to right side, step left behind right, step right to right side, touch left beside right

ROCKS WITH HOLDS

- 33-34 Cross rock forward on left, rock back on right
- 35-36 Cross rock forward on left, hold
- 37-38 Cross rock forward on right, rock back on left
- 39-40 Cross rock forward on right, hold

TOE STRUTTING JAZZ BOX

41-44 Cross left toe over right, drop left heel to floor, step back onto right toe, drop right heel to floor 44-48 Step left toe to left side, drop left heel to floor, touch right toe beside left foot, hold (weight on left)

REPEAT

TAG

At the end of the last wall, replace steps 41-48 with

STEP LEFT-HOLD-HALF TURN RIGHT-HOLD-REPEATED

- 1-4 Step forward left, hold, half pivot turn right, hold
- 5-8 Step forward left, hold, half pivot turn right, hold

STEP LEFT, RIGHT BEHIND, UNWIND THREE QUARTER TURN, STEP LEFT

- 9-12 Small step to left side, hold for three counts
- 13-15 Step right toe behind left, unwind three quarter turn right, (this returns the dancer the starting wall)
- 16 Step left to left side and raise left arm in the air, (hold until the drum roll stops)

