

Rarin' To Go

拍数: 48 墙数: 0 级数:
编舞者: Larry Bass (USA)
音乐: Put Your Heart Into It - Sherrié Austin



RIGHT KICK-BALL-CHANGE, RIGHT TURNING SHUFFLE; ROCK STEP, LEFT SHUFFLE.

1&2 Kick right foot forward, step ball of right foot beside left; step left foot beside right.
3&4 Shuffle right, left, right while turning ½ turn left to face 6:00.
5-6 Step left foot back; rock forward onto right foot.
7&8 Shuffle left, right, left forward.

RIGHT KICK-BALL-CHANGE, RIGHT TURNING SHUFFLE; ROCK STEP, LEFT SHUFFLE.

9&10 Kick right foot forward, step ball of right foot beside left; step left foot beside right.
11&12 Shuffle right, left, right while turning ½ turn left to face 12:00.
13-14 Step left foot back; rock forward onto right foot.
15&16 Shuffle left, right, left forward.

RIGHT SHUFFLE FORWARD, ROCK STEP; LEFT TURNING SHUFFLE, STEP PIVOT.

17&18 Shuffle right, left, right forward.
19-20 Step left foot forward; rock back onto right foot.
21&22 Shuffle left, right, left while turning ½ turn left to face 6:00.
23-24 Step right foot forward; pivot ½ turn left onto left foot.

RIGHT SHUFFLE FORWARD WITH FULL TURN LEFT, STEP SCUFF; RIGHT JAZZ SQUARE.

25&26 Shuffle right, left, right while turning full turn left. (variation: right shuffle forward).
27-28 Step left foot forward; scuff right foot beside left.
29-30 Cross step right foot over left; step left foot back.
31-32 Step right foot to right; step left foot beside right.

RIGHT VINE WITH SYNCOPATED ROMP; LEFT VINE WITH ¼ SHUFFLE.

33-34 Step right foot to right; cross left foot behind right.
&35 Step right foot diagonally back right, touch left heel diagonally forward left.
&36 Step left foot to center, cross step right foot over left.
37-38 Step left foot to left; cross right foot behind left.
39&40 Shuffle left, right, left while turning ¼ turn left to face 9:00.

SYNCOPATED HOP FORWARD, SYNCOPATED HOP BACK, CLAP; TOE HEEL, SNAP TOE HEEL, SNAP

&41-42 Hop right foot forward, hop left foot beside right; clap.
&43-44 Hop right foot back, hop left foot back beside right; clap.
45-46 Step ball of right foot forward; step right heel down, snap fingers.
47-48 Step ball of left foot forward; step left heel down, snap fingers.

REPEAT
