

Ranchero

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Tracy (UK)
音乐: Hero - Enrique Iglesias



KICK, SIDE, HITCH, SIDE, RIGHT SAILOR STEP, KICK, SIDE

1-2 Kick right foot forward, touch right to right side
3-4 Hitch right knee, touch right to right side
5&6 Step right behind left, step left to left side, step right in place
7-8 Kick left foot forward, touch left to left side

HITCH, SIDE, CROSS & UNWIND ½ TURN RIGHT, RIGHT COASTER STEP, LEFT SHUFFLE

9-10 Hitch left knee, touch left to left side
11-12 Cross left foot over right, unwind ½ turn right (weight on left)
13&14 Step back on right foot, step left foot next to right, step forward on right
15&16 Step forward on left foot, step right foot next to left, step forward on left foot

ROCK STEP, BACK LOCK BACK, TURN TOUCH, TURN TOUCH

17-18 Rock forward on right, weight back on to left
19&20 Step back right, lock left across front of right, step back right
21-22 ½ turn left stepping left foot forward, point right to right side
23-24 ½ turn right stepping right foot forward, point left to left side

CROSS SHUFFLE, ROCK STEP, BEHIND & CROSS, ROCK ¼ TURN

25&26 Cross left over right, step right on right, cross left over right
27-28 Rock to the right side on the right foot, weight back on to the left foot
29&30 Step right behind left, step left in place, cross right over left
31-32 Rock to the left side on the left foot, step right foot ¼ turn right

LEFT SHUFFLE, SCUFF, POINT, KNEE IN, KNEE OUT, RIGHT COASTER STEP

33&34 Step forward on left foot, step right foot next to left, step forward left
35-36 Scuff right foot forward, touch out to right side
37-38 Turn knee in towards left leg, turn knee out to right side
39&40 Step back on right foot, step left foot next to right, step forward on right foot

SCUFF, POINT, KNEE IN, KNEE OUT, LEFT COASTER STEP, ROCK STEP

41-42 Scuff left foot forward, touch out to left side
43-44 Turn knee in towards right leg, turn knee out to left side
45&46 Step back on left foot, step right foot next to left, step forward on left foot
47-48 Rock forward onto right foot, back onto left

RIGHT TRIPLE ½ TURN, FULL TURN, LEFT SHUFFLE, STEP PIVOT ½ TURN

49&50 Make a ½ turn right stepping right, left, right
51-52 Full turn right stepping left, right
53&54 Step forward on left foot, step right foot next to left, step forward on left foot
55-56 Step forward right, pivot ½ turn left

CROSS, POINT, CROSS, POINT, RIGHT SAILOR, LEFT ¼ TURN SAILOR

57-58 Cross right over left, point left to left side
59-60 Cross left over right, point right to right side
61&62 Step right behind left, step left to left side, step right next to left

63&64

Making a $\frac{1}{4}$ turn left step left behind right, step right on right, step left next to right

REPEAT
