

# Ran Kan Kan

COPPER KNOB  
STEPSHEETS

拍数: 0      墙数: 4      级数: Intermediate / Advanced mambo  
编舞者: Forty Arroyo (USA)  
音乐: Ran Kan Kan - Mambo Kings



Sequence: A, Tag, B(32), A, B, B(40), A, B, Tag, B(40) End

This is a salsa-line dance made up of mambo "shine" patterns. You can do this to any song with a salsa (mambo) rhythm. Just omit tags/restarts

Dedicated to all "Salseros" and to two very special "Salsa Loving" line dancers - Carol & Alan Desrosier

## PART A = MAMBO SEQUENCE

### MAMBO - FORWARD, BACK, RIGHT & LEFT (WITH CUBAN HIPS)

- 1-4            Step right forward pushing hips left, step left in place pushing hips to right, step right next to left, hold
- 5-8            Step left forward pushing hips to right, step right in place pushing hips to left, step left next to right, hold
- 9-12          Step right to side pushing hips to left, step left in place pushing hips to right, step right next to left, hold
- 13-16        Step left to side pushing hips to right, step right in place pushing hips to left, step right next to left, hold

### SIDE STEPS RIGHT WITH HOLD, CROSS RIGHT OVER LEFT - 3X, HOLD

- 1-4            Step right to side, close left to right, step right to side, hold
  - 5-8            Close left to right, step right to side, close left to right, hold (weight on left)
  - 1-4            Cross right over left, step left to slightly to left, cross right over left, step left slightly to left
  - 5-8            Cross right over left, step left to slightly to left, cross right over left, hold (weight on right)
- To hit the breaks in the music the very first time (and only the first time) you do counts 25-32, replace with**
- 1-4            Cross right over left, step left to left, cross right over left, hold
  - 5-8            Step left to left, close right to left, hold for 2 counts -weight on right)

### SIDE STEPS LEFT WITH HOLD, CROSS LEFT OVER RIGHT - 3X, HOLD

- 1-4            Step left to side, close right to left, step left to side, hold
  - 5-8            Close right next to left, step left to side, close right next to right, hold restart - happens here at 9:00
  - 9-12          Cross left over right, step right slightly to right, cross left over right, step right slightly to right
  - 13-16        Cross left over right, step right slightly to right, cross left over right, hold (weight on left)
- To hit the breaks in music the very first time (and only the first time) you do counts 41-48, replace with**
- 1-4            Cross left over right, step right to right, cross left over right
  - 5--8          Step right to right, close left to right, hold for 2 counts -weight on left)

Restart happens here at 12:00

### CHASE TURNS ½ (2X), LEFT MAMBO FORWARD - REPEAT

- 1-2-3-4        Step forward on right, pivot ½ turn left, step left next to right, hold
- &5            Step left next to right, tap right heel slightly forward (option: low kick forward)
- 6-7-8        Step right in place, step slightly forward of left, hold
- 9-16        Repeat step 1-8 (end at 12:00)

## PART B = THE "SHINE" SEQUENCE

### HEEL, STEP, ¼ TURN STEP, TOUCH, STEP, TOUCH, ¼ TURN HEEL TAP, STEP

- 1-4            Tap right heel forward, step right in place, turning ¼ to right - step left to side, touch right next to left
- 5-6            Step right to side, touch left next to right

7-8 Pivoting on the ball of right - tap left heel forward turning ¼ to left, step left in place (now at 12:00)

### **STEP, HOLD, &, HEEL TAP, STEP, STEP, HOLD & TOUCH, CROSS**

1-2&3-4 Step right forward, hold, step left in place, tap right in place, step right next to left  
5-6 Step left to side, hold  
&7-8 Step right next to left, touch left out to side toward 10:00, cross left over right (now at 12:00)

### **STEP, CROSS, STEP, TOUCH, STEP, CROSS, STEP, TOUCH**

1-2 Traveling back diagonally to right and body toward 2:00 - step back on right, step left next to right  
3-4 Step back on right, touch left next to right  
5-6 Traveling forward diagonal. To left and body still at 2:00 - step left to side, step right next to left  
7-8 Step left to side, touch right next to left (now at 2:00)

### **RIGHT MAMBO, PRESS, HOLD, ¼ TURN, STEP**

1-4 (Squaring off to 12:00) rock right to side, recover on left, step right next to left, hold  
5-8 Press ball of left to side, hold, turning ¼ left and pivoting on right - step left next to right, hold  
**1st restart happens here - at 9:00**  
9-16 Repeat step 1-8 (now at 6:00)  
**2nd restart happens here - at 12:00**

### **FORWARD LOCK STEP, TOUCH, STEP, HEEL, STEP, TOUCH**

1-4 Step right forward, lock left, step right forward, touch left toes behind right  
5-8 Step slightly back on left, tap right heel forward, step right in place, touch left toe behind (still at 6:00)

### **¼ SIDE, TOGETHER, SIDE, BRUSH, JAZZ BOX (WITH HIP ROTATIONS), MAMBO WITH TOUCH**

1-4 Step left to side turning ¼ to left, close right to left, step left to side, brush right forward  
5-8 Jazz box with ¼ turn - (while turning ¼ left and rotating hips around to the left) - cross step right over left, step slightly back on left, step side right, step left slightly forward on left (now at 12:00)  
1-4 Repeat jazz with the ¼ turn  
5-8 Step right slightly to right side, recover weight on left, touch right next to left, hold (now at 6:00)

**The first Section A starts on the lyrics (chorus) - "Ran Kan Kan". However, you can't resist moving to the music as soon as it starts, so don't waste it. Just do your meanest "free-style" mambo while you wait, or mambo in place as follows:**

### **MAMBO (WHILE YOU WAIT) FOR 40 COUNTS (OPTIONAL) -**

1-4 Step right to side pushing hips to left, step left in place pushing hips to right, step right next to left, hold  
5-8 Step left to side pushing hips to right, step right in place pushing hips to left, step right next to left, hold  
9-12 Step right forward, step left in place pushing hips to right, step right next to left, hold  
13-16 Step left forward, step right in place pushing hips to left, step left next to right, hold  
17-32 Repeat above  
33-40 Repeat steps 1-8 and start the dance

### **TAG**

**After first rotation "A" (happens at 12:00)**

### **BUMPS: ALTERNATING HIP BUMPS STARTING WITH LEFT**

1-3 Bump hip left right left  
4-6 Hold for 3 counts  
7-8 Rotate hips around to the left - ending with weight on left(or feel the music and do what you feel)

## **TAG**

**Before you start part "B" for the fifth time (this will be at 6:00) you will hear a syncopated pulsating sound for 8 beats. You may choose to stand with feet slightly apart and wiggle hips or shimmy shoulders to the beat**

## **ENDING (OPTIONAL BIG FINISH)**

**After the tag you will do counts 1-40 of Part B. Shimmy or wiggle for 7 counts and take a big step to right.**

**Drag left to right for 4 counts, then do 3 spiral turns to right**

1-2&            Step forward on left, spiral full turn to right, step right next to left

3-6             Repeat twice

**Then drop at the waste with dangling arms (exhausted)**

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