

Raise The Roof

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数:
编舞者: Bev Cornish (CAN)
音乐: Bringin' Da Noise - *NSYNC



ROCK STEP, BALL - HEEL PRESS, BALL - HEEL PRESS

- 1 Cross/rock right over left
- 2 Step left in place
- & Lightly press ball of right to right side (4:00) lifting left heel off the floor (weight is over ball of left)
- 3 Drop left heel
- & Lightly press ball of right forward lifting left heel off floor (weight is over ball of left)
- 4 Drop left heel

STEP SIDE RIGHT, HOLD, CHASSE SIDE RIGHT

- 5 Step right to side
- 6 Hold
- & Step left together
- 7 Step right to side
- & Step left together
- 8 Step right to side

ROCK STEP, BALL - HEEL PRESS, BALL - HEEL PRESS

- 9 Cross/rock left over right
- 10 Step right in place
- & Lightly press ball of left to left side (8:00) lifting right heel off floor (weight is over ball of right)
- 11 Drop right heel
- & Lightly press ball of left forward lifting right heel off floor (weight is over ball of right)
- 12 Drop right heel

STEP WIDE LEFT, HOLD, TURN ¼ LEFT & CHASSE FORWARD

- 13 Step wide side left
- 14 Hold
- & Step right together & turning ¼ left
- 15 Step left forward
- & Step right together
- 16 Step left forward

SYNCOPATED ROCK STEPS, PIVOT ¼ LEFT

- 17 Rock right forward
- & Step left in place
- 18 Rock right back
- & Step left in place
- 19 Step right forward
- 20 Pivot ¼ left

SIDE MAMBO'S - RIGHT, LEFT

- 21 Rock side right
- & Step left in place
- 22 Step right forward
- 23 Rock side left

& Step right in place
24 Step left forward

ROCK STEP, PADDLE TURN $\frac{3}{4}$ RIGHT

25 Rock right forward
26 Step left in place
27 Step right $\frac{1}{2}$ right
& Step left together
28 Step right $\frac{1}{4}$ right

ROCK STEP, COASTER

29 Rock left forward
30 Step right in place
31 Step left back
& Step right together
32 Step left forward

REPEAT
