

Raincloud

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Mike Parkinson (WLS)
音乐: Raincloud - Lighthouse Family



LEFT WEAVE, DOUBLE SYNCOPATED LEFT WEAVE, LEFT & RIGHT SIDE ROCKS

1-2 Cross step right over left, step left to left side
3 Step right behind left
&4 Step back left, cross step right over left
&5 Step back left, step right behind left
&6 Step back left, cross step right over left
7-8 Rock left to left side, rock right to right side

RIGHT WEAVE, DOUBLE SYNCOPATED RIGHT WEAVE, RIGHT & LEFT SIDE ROCKS

1-2 Cross step left over right, step right to right side
3 Step left behind right
&4 Step back right, cross step left over right
&5 Step back right, step left behind right
&6 Step back right, cross step left over right
7-8 Rock right to right side, rock left to left side

RIGHT & LEFT SAILOR SHUFFLES, STEP FORWARD RIGHT ½ TURN LEFT, TRIPLE STEP ½ TURN LEFT

1&2 Step right behind left, step left slightly left, step right next left
3&4 Step left behind right, step right slightly right, step left next right
5-6 Step right forward, ½ pivot turn left
7&8 ½ turn right on right, left, right

LEFT & RIGHT SAILOR SHUFFLES, STEP FORWARD LEFT ½ TURN RIGHT, TRIPLE STEP ½ TURN RIGHT

1&2 Step left behind right, step right slightly right, step left next right
3&4 Step right behind left, step left slightly left, step right next left
5-6 Step left forward, ½ pivot turn right
7&8 ½ turn right on left, right, left

SYNCOPATED ¼ MONTEREY RIGHT TURN, RIGHT KICK BALL CHANGE

1&2 Touch right toe right side, step ¼ right on right, step slightly left on left
3&4 Kick right forward, step on ball of right next to left, step left next to right

SYNCOPATED ¼ MONTEREY RIGHT TURN, RIGHT KICK BALL HEEL

5&6 Touch right toe right side, step ¼ right on right, step slightly left on left
7&8 Kick right forward, step on ball of right next to left, touch left heel forward

SYNCOPATED VAUDEVILLE STEP LEFT & RIGHT, ¼ TURN LEFT, TOUCH, ½ TURN RIGHT, STEP

&1 Step slightly back on left, cross right over left
&2 Step slightly left with left, tap right heel forward
&3 Step slightly back on right, cross left over right
&4 Step slightly right with right, tap left heel forward
5-6 Step ¼ turn left on left, touch right next to left
7-8 Step ½ turn right on right, step left next to right

REPEAT

