

# Rainbow Strut

拍数: 64      墙数: 0      级数:  
编舞者: Diane Jackson (UK)  
音乐: Rock At The End Of My Rainbow - Heather Myles



**Position: Right Side by Side (a.k.a. Sweetheart) position**  
**Adapted with Permission from Jan Wyllie's "Rainbow's End"**

## STEP SCUFFS (MOVING FORWARD)

1-4              Step forward on left, scuff right forward, step forward on right scuff left forward  
5-8              Step forward on left, scuff right forward, step forward on right scuff left forward

## ROCK STEPS, HOLDS

9-12             Rock forward on left, rock back on right, step back on left, hold  
13-16            Rock back on right, rock forward on left, step forward on right, hold

## STEP PIVOT, STEP, HOLD TWICE

17-18            Step forward on left, pivot ½ turn right transferring weight to right  
19-20            Step forward on left, hold  
21-22            Step forward on right pivot ½ turn left transferring weight to left  
23-24            Step forward on right, hold

## TOE STRUTS X 4

25-32            Toe struts (toe heel down 1-2) forward left-right-left-right

## HEEL HOOK, HEEL HOOK, STEP LOCK, STEP

33-36            Touch left heel forward, hook across in front of right, touch left heel forward, hook across in front of right  
37-40            Step forward left, lock right up behind, step forward left, brush right

## HEEL HOOK, HEEL HOOK, STEP LOCK, STEP

41-48            Repeat 33-40 starting with right

## FORWARD TOUCH, BACK TOUCH, FORWARD TOUCH, STEP BACK, HOLD

49-50            Step forward on left, touch right toe behind right  
51-52            Step back on right, touch left heel forward  
53-56            Step forward on left, touch right toe behind left, step back on right, hold

## STEP BACK, HITCH, COASTER STEP, HOLD

57-60            Step back left, right, left, hitch right  
61-64            Step back on right, step left next to right, step forward on right, hold

## REPEAT

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