

Rainbow Rhythm

COPPERKNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Bill Bader (CAN)
音乐: Live A Little - Mark Chesnutt



"From Oklahoma With Love" requires a tag of 8 counts at the end of the second pattern. Repeat the last 8 counts without the 1/4 turn.

4 DIAGONALS: FORWARD, TOUCH, FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH

- 1-2 Step right forward to right, touch left toe beside right
- 3-4 Step left forward to left, touch right toe beside left
- 5-6 Diagonal step right back right, touch left toe beside right
- 7-8 Diagonal step left back left, touch right toe beside left

Optional addition/variation

- 1 Swing right arm right
- 2 Click fingers of right
- 3 Swing right arm left
- 4 Click fingers of right
- 5-8 Repeat 1-4 swings and clicks

VINE RIGHT, SCUFF/TURN ¼

- 9-10 Sidestep right, cross-step left behind
- 11 Sidestep right angled slightly right for upcoming turn
- 12 Turn ¼ right while scuffing left heel and lifting left knee (3:00)

4 SWIVELS TRAVELING TO LEFT WHILE TOUCHING LEFT TOE-HEEL-TOE-HEEL

- 13 Swivel right heel to left and touch left toe beside
- 14 Swivel right toe to left and touch left heel beside
- 15 Swivel right heel to left and touch left toe beside
- 16 Swivel right toe to left and touch left heel beside

Option: 4 scoots with heel taps and finger clicks & raise left knee

- 13 Touch left heel tip to the floor. Click fingers of both hands with left hand low to left side and right arm bent 90 degrees with right hand forward. Upper body leans right slightly through count 16.
- & Scoot left: raise left knee and hop right slightly to left side
- 14 Touch left heel tip to the floor. Click fingers as above.
- & Scoot left: raise left knee and hop right slightly to left side
- 15 Touch left heel tip to the floor. Click fingers as above.
- & Scoot left: raise left knee and hop right slightly to left side
- 16 Touch left heel tip to the floor. Click fingers as above.

Suggestion: For variety, try alternating these 2 options.

3 TOE-HEEL STRUTS BACK WITH ARM SWINGS, STEP BACK, ROCK FORWARD

- 17-18 Touch left toe back swinging right arm forward and left arm back, lower left heel
- 19-20 Touch right toe back swinging left arm forward and right arm back, lower right heel
- 21-22 Touch left toe back swinging right arm forward and left arm back, lower left heel
- 23-24 Step ball of right back swinging left arm forward and right arm back, rock forward onto left

4 QUARTER PIVOT TURNS: SMALL STEP FORWARD, TURN ¼ LEFT ONTO LEFT X4

- 25-26 Small step with ball of right forward, turn ¼ left shifting weight onto left
- 27-28 Repeat 1-2 (step right forward, turn ¼ left)
- 29-30 Repeat 1-2 (step right forward, turn ¼ left)

31-32 Repeat 1-2 (step right forward, turn ¼ left) (returns to 3:00)

(RIGHT) FORWARD-LOCK-FORWARD, SCUFF, FORWARD, HOLD, TURN ½, HOLD

33 Step right forward but slightly crossed over left
34 Lock-step left: slide ball of left forward to right side of right heel
35 Step right forward
36 Scuff left heel forward
37-38 Step left forward, hold
39-40 Keeping feet in place: turn ½ right shifting weight onto right, hold (6:00)

(LEFT) FORWARD-LOCK-FORWARD, SCUFF, FORWARD, HOLD, TURN ½, HOLD

41 Step left forward but slightly crossed over right
42 Lock-step right: slide ball of right forward to left side of left heel
43 Step left forward
44 Scuff right heel forward
45-46 Step right forward, hold
47-48 Keeping feet in place: turn ½ left shifting weight onto left, hold (3:00)

STOMP FORWARD, 3 ARCHING CLAPS TURNING ¼ LEFT, HEELS RIGHT-LIFT-LEFT, HOLD

49 Stomp right forward
50 Clap #1: forward down to right at approximately waist level
51 Clap #2: near forehead. Hands rise smoothly arching up and left, following an imaginary rainbow's arch overhead.
52 Clap #3: over left shoulder and turn on balls of both feet ¼ left (12:00)

Please notice that this returns you to your original starting wall.

53 Swivel both heels diag.right (face left corner). Pull elbows back with arms bent and close to the body. Hands are low.
54 Lift both heels slightly and move hands forward a little
55 Swivel both heels diag.left (face right corner). Pull elbows back as above.
56 Hold

STEP-TOUCH-STEP-TOUCH TURNING ¼ TURN RIGHT, BIG STEP RIGHT, SLIDE 2, PUSH

57 Step ball of right to right side (important: stay oriented toward 12:00)
58 Touch left toe beside right (right heel may swivel slightly right)
59 Step ball of left to left side
60 Touch right toe beside left turning on ball of left ¼ right (3:00)

You may contact right foot lightly against left heel, helping create the turn.

61 Big sidestep right
62-63 Slide left toe close to right (2 counts)
64 "Push off": step ball of left slightly back

REPEAT
