

Rainbow Connection

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)
音乐: Rainbow Connection - Kenny Loggins



DIAGONAL TRAVELING TWINKLES FORWARD

- 1-3 Cross right over left, step left to left side, step right to right side at right diagonal (weight on right)
4-6 Cross left over right, step right to right side, step left to left side at left diagonal (weight on left)
Travel forward as you cross over

STEP FORWARD, ¼ TURN RIGHT RONDE, CROSS OVER, ¾ TURN LEFT

- 1-3 Step forward on right, sweep left into ¼ turn right for counts 2-3 (weight still on right)
4-6 Cross left over right on count 4 (weight on left), turn ¼ left as you step back on right, turn ½ turn left as you step forward

BASIC WALTZ FORWARD AND BACK

- 1-3 Basic waltz forward by stepping forward on right, step left next to right, step right in place
4-6 Basic waltz back by stepping back on left, step right next to left, step left in place

STEP FORWARD, ¾ SLOW PIVOT INTO CROSS OVER, LONG SIDE STEP, DRAG TOUCH

- 1-3 Step forward on right, with weight still on right slowly turn ¾ left over left shoulder until left is crossed over right for counts 2-3
4-6 Take a long step to left side on left, drag right next to left, touch right next to left

FULL TURN SIDE, CROSS, SIDE POINT, HOLD

- 1-3 Make a full turn to right side by stepping ¼ right on right, turn ¼ turn right by stepping left to left side, turn ½ turn right by stepping right to right side
4-6 Cross left over right, point right to right side, hold (weight on left)

CROSS OVER ½ TURN, CROSS, POINT, HOLD

- 1-3 Cross right over left, turn ¼ right as you step back on left, turn ¼ right as you step right to right side
4-6 Cross left over right, point right to right side, hold (weight on left)

CROSS STEP, SWEEP SIDE POINT, HOLD; CROSS STEP FORWARD, ¼ TURN SWEEP, POINT, HOLD

- 1-3 Cross step right over left, sweep left toe into side point left side, hold (weight still on right)
4-6 Cross left over right, sweep right toe into ¼ turn left pointing right to right side (weight still on left)

CROSS, BACK, BACK, ¼ TURN SWEEP

- 1-3 Traveling back, cross right over left, step back on left, step back on right
4-6 Cross left over right, sweep right into ¼ turn left for counts 5-6 with weight remaining on left to begin dance again into twinkles

REPEAT

TAG

After completing the 2nd repetition of the dance you will be facing the back wall (this will be your first time to the back wall). Before starting the dance over, you will dance the following tag:

- 1-3 Cross right over left, point left to left side (weight remains on right), hold
4-6 Cross step left behind right, point right to right side (weight remains on left), hold

RESTART

To the Kenny Loggins version, restart after count 42 of repetition 5 (leave off the last 6 counts)

Towards the end of the song, there will be a short pause as you finish count 42, where you will slow down and take your time, prolonging the last sweep and then continue with the last 6 counts of the dance. You will end to the front wall as you dance sets 1 and 2 and step forward on your right and hold for a beautiful ending

To the Sarah Mclachlan & Carpenters versions, restart after count 21 of repetition 5, putting weight on your left after the $\frac{3}{4}$ turn so you can then start again on your right at the 9:00 wall

When the music slows down or pauses during the Carpenters version, simply slow down/pause with the music and then continue until the music fades

The ending for the Sarah McLachlan version is the same as the Kenny Loggins version ending to the front wall
