

Radancer

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Elizabeth Scott (SCO)
音乐: Radancer - Marmalade



Sequence: ABC, ABC, D, ABC, ENDING

PART A

RIGHT KICK BALL CHANGE TWICE, SIDE ROCK SAILOR STEP

1&2 Kick right forward, step right beside left, step left in place
3&4 Kick right forward, step right beside left, step left in place
5-6 Rock right to right side, rock onto left in place
7&8 Cross right behind left, step left to left side, step right in place

LEFT KICK BALL CHANGE TWICE, SIDE ROCK SAILOR STEP

1&2 Kick left forward, step left beside right, step right in place
3&4 Kick left forward, step left beside right, step right in place
5-6 Rock left to left side, rock onto right in place
7&8 Cross left behind right, step right to right side, step left in place

RIGHT & LEFT SHUFFLE, STEP TURN, STOMP RIGHT, LEFT

1&2 Step right forward, step left beside right, step right forward
3&4 Step left forward, step right beside left, step left forward
5-6 Step left forward, pivot ½ turn right
7-8 Stomp right foot, stomp left foot

25-48 Repeat counts 1-24 of Part A

PART B

SIDE, BEHIND, HEEL & CROSS, TWICE

1-2 Step right to right side, cross left behind right
&3 Step right diagonally back right, touch left heel diagonally forward left
&4 Step onto left side, cross right behind left
5-6 Step left to left side, cross right behind left
&7 Step left diagonally back left, touch right heel diagonally forward right
&8 Step onto right in place, cross left over right

STEP, TOUCH X 4

1-2 Make ¼ turn left, stepping back onto right, touch left beside right
3-4 Make ¼ turn left, stepping forward onto left, touch right beside
5-6 Make ¼ turn left, stepping back onto right, touch left beside right
7-8 Make ¼ turn left, stepping forward onto left, touch right beside

17-32 Repeat 1-16 of Part B

PART C

FORWARD ROCK, SHUFFLE ½ TURN, FORWARD ROCK, COASTER STEP

1-2 Rock right forward, rock back onto left
3&4 Triple ½ turn right, stepping right, left, right
5-6 Rock left forward, rock back onto right
7&8 Step back left, close right beside left, step forward left

PADDLE 1/8 TURN LEFT X 4

- 1-2 Point right toe forward, turn 1/8 turn left
- 3-4 Point right toe forward, turn 1/8 turn left
- 5-6 Point right toe forward, turn 1/8 turn left
- 7-8 Point right toe forward, turn 1/8 turn left (completing 1/2 turn left)

RIGHT ROCK, COASTER STEP, LEFT ROCK, COASTER STEP

- 1-2 Rock right forward, rock back onto left
- 3&4 Step back right, close left beside right, step forward right
- 5-6 Rock left forward, rock back onto right
- 7&8 Step back left, close right beside left, step forward left

CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK

- 1&2 Step right to right side, step left beside right, step right to right side
- 3-4 Rock back on right slightly behind left, recover onto left
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Rock back on left slightly behind right, recover onto right

PART D

RIGHT STRUT, LEFT STRUT, JAZZ BOX 1/4 TURN

- 1-2 Step right toe forward, drop heel taking weight
- 3-4 Step left toe forward, drop heel taking weight
- 5-6 Cross right over left, step left back
- 7-8 Step right 1/4 left, touch left beside right

9-16 Repeat Part 1-8 of Part D

MONTEREY 1/2 TURN TWICE

- 1-2 Touch right to right side, turn 1/2 right stepping right beside left
- 3-4 Touch left to left side, step left beside right
- 5-6 Touch right to right side, turn 1/2 right stepping right beside left
- 7-8 Touch left to left side, step left beside right

- 25-48 Repeat 1-24 of Part D

ENDING

- 1-16 Part B, first 16 counts only

When music stops pause for 4 beats, thereafter restart dance on 4th beat of music with Part A (counts 1-16), then Part B (counts 1-16), first 16 counts to be repeated till end of music
