

# Quicksand

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Gerard Murphy (CAN)  
音乐: Jungle Boogie - Kool & The Gang



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## STEP, CROSS, STEP, BALL, CROSS, ROCK RECOVER, BEHIND, ¼ STEP, STEP

1-2            Step right to right, cross step left over right  
3&4            Kick right, step on ball of right, cross step left over right  
5-6            Rock step right to right, recover onto left  
7&8            Step right behind left, step left ¼ turn left, step right forward

## WALK, WALK, KICK, STEP, POINT, CROSS, UNWIND, KICK, STEP, POINT

9-10            Walk forward left, right  
11&12          Kick left forward, step left in place, point right toes to right  
13-14          Cross touch right over left, unwind ½ turn left with weight onto left  
15&16          Kick right forward, step right in place, point left toes to left

## AND POINT, ½ TURN, SIDE, TOGETHER, CROSS, BUMP AND BUMP, STEP BACK TOUCH

&17            Step left in place, point right toes to right  
18              Step right next to left while pivoting ½ turn right on ball of left  
19&20          Step left to left, step right next to left, cross step left over right  
21&22          Touch right toes slightly forward bumping right hip forward, shift weight onto left, bump right hip forward  
23-24          Step right back, touch left toes slightly forward (bending left knee)

## COASTER STEP, STEP PIVOT, WALK, WALK, TOGETHER SWIVEL, SWIVEL

25&26          Step left back, step right back, step left forward  
27-28          Step right forward, pivot ½ turn left with weight onto left  
29-30          Walk forward, right, left  
31-32          Step right next to left while swiveling on balls of both feet ¼ turn left, swivel again on balls of both feet ¼ turn left (bend knees on each swivel turn & end with weight on left)

**REPEAT**

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