

Quickchange (P)

拍数: 50 墙数: 0 级数: Partner
编舞者: Kent Olinger
音乐: Livin' On Love - Alan Jackson



Position: Sweetheart position. Right hands on lady's right shoulder left hands in front of man
Think quick, quick, slow, slow like as two step.

- 1 Step left foot forward
- 2 Step right foot forward
- 3 Step left foot forward
- 4 Hold position
- 5 Cross right foot over left foot
- 6 Hold position with weight on right foot
- 7 Step left foot back
- 8 Step right foot back as you turn $\frac{1}{4}$ to the right (facing outside LOD, lady in front of man)
- 9 Step left foot forward
- 10 Hold position
- 11 Step right foot forward
- 12 Hold position
- 13 Step left foot to left side
- 14 Step right foot beside left foot
- 15 Step left foot to left side
- 16 Hold position (drop right hands)

- 17 **LADY:** Step right foot forward beside left as you turn $\frac{1}{4}$ left to face LOD
MAN: Step right foot back beside left as you turn $\frac{1}{4}$ right to face RLOD(left hands joined)
- 18 Hold position
- 19 **LADY:** Step left foot backward
MAN: Step left foot forward
- 20 **LADY:** Step right foot back beside left foot
MAN: Pivot $\frac{1}{2}$ to right under lady's left arm as you step right foot beside left foot

- 21 Step left foot forward
- 22 Hold position
- 23 Step right foot forward
- 24 Hold position
- 25-27 Left stroll - step left forward, slide right foot behind left, step left forward
- 28 Scuff right foot
- 29-31 Right stroll - step right forward, slide left foot behind right, step right forward
- 32 Scuff left foot

- 33-35 **LADY:** Drop left hands and complete a full turn left stepping in place left, right, left
MAN: Drop left hands and lead the lady in a turn stepping in place left, right, left hold position

- 36 Hold position
- 37 Step right foot forward
- 38 Hold position
- 39 Step left foot forward
- 40 Scuff right foot
- 41 Step right foot forward

42 Scuff left foot
43-45 Left stroll - step left forward, slide right behind left, step left forward
46 Scuff right foot
47-49 Right stroll - step right forward, slide left behind right, step right forward
50 Scuff left foot

REPEAT
