

Put On Your Shirt (Simplified)

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 1 级数: ultra Beginner
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音乐: La Camisa Negra - Juanes



Pair dance version is named "Take Off Your Shirt". Dance forms a diamond starting 1:30-10:30-7:30-4:30. The 1st & 3rd walls are slightly longer than the 2nd & 4th. Dancer should keep eyes to the center of the diamond

MOVING 1:30: (CROS)STEP LEFT, STEP RIGHT, LEFT SHUFFLE, ¼ PIVOT TURN, SHUFFLE IN PLACE

1-2 Step left foot cross right to diagonal right, step right forward diagonal right turning 1/8 right (1:30) in the beginning the first step is a left cross right, but later it's a straight forward

3&4 Step left forward, step right close to left, step left forward (1:30)

Contra line dance hand option: man puts his left hand on lady's hip

5-6 Step right foot forward, turn ¼ left weight on left (you are facing left diagonal 10:30)

Contra line wall dance hand option: both keep their hands on places

7&8 Step right, left, right in place, (contra line dance hand option: both hands slip away)

MOVING 10:30: STEP LEFT, STEP RIGHT, LEFT SHUFFLE, ¼ PIVOT TURN, STAMP/KICK/TOUCH BALL CHANGE

1-2 Step left foot forward, step right foot forward (10:30)

3&4 Step left forward, step right close to left, step left forward (10:30)

5-6 Step right foot forward, turn ¼ left weight on left (7:30)

7&8 Stamp/kick/touch right foot forward, step the ball of right foot next to left, change weight to left

MOVING 7:30: STEPS, SHUFFLE, 2 X STEP, SHUFFLE IN PLACE TURNING ¼ LEFT

1-2 Step right forward, step left forward

3&4 Step right forward, step left close to right, step right forward

5-6 Step left forward, step right forward

7&8 Step left, right, left right in place turning ¼ left (4:30)

MOVING 4:30: (FULL TURN ON) TWO STEPS, SHUFFLE, ROCKING CHAIR

1-2 Step right forward, step left forward or turning ½ to the left on left ball step right back, turning ½ to the left on right ball step left forward

3&4 Step right forward, step left close to right, step right forward

5-6 Rock step left forward, recover to right

7-8 Rock step left back, recover to right

REPEAT

In 1 wall version change last two steps of the rocking chair as followed

FULL TURN ON TWO STEPS, SHUFFLE, MODIFIED ROCKING CHAIR

1-2 Step right forward, step left forward or turning ½ to the left on left ball step right back, turning ½ to the left on right ball step left forward

3&4 Step right forward, step left close right, step right forward

5-6 Rock step left forward, recover to right

7-8 Rock step left back turning ¼ left, recover to right (1:30)

1 wall version can also be danced as contra line dance: partners start facing one another so that they will pass at very close distance when traveling forward diagonal right. The starting distance should be such that they will meet and pass in the end of the first eight (count 8)