

Put On Your Shirt

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 1 级数: Beginner
编舞者: Ari-Jukka Eskelinen (FIN)
音乐: La Camisa Negra - Juanes



Pair dance version is named "Take Off Your Shirt"

PRELIMINARY

Dance forms a diamond starting 1:30 (NE)-10:30(NW)-7:30(SW)-4:30(SE). Dancer should keep eyes to the center of the diamond

MOVING FORWARD DIAGONAL RIGHT (NE, 1:30): CROSSTEP LEFT, STEP RIGHT, LEFT SHUFFLE, ¼ PIVOT TURN, RIGHT CHASSE

- 1-2 Step left foot cross right to diagonal right, step right forward diagonal right turning 1/8 right (1:30)
- 3&4 Step left forward, step right close to left, step left forward (diagonal right 1:30)
- 5-6 Step right foot forward, turn ¼ left weight on left (you are facing left diagonal 10:30)
- 7&8 Step right to right, step left together, step right foot right

MOVING FORWARD DIAGONAL LEFT (NW, 10:30): FACING 7:30 ¼ PIVOT LEFT, CROSS SHUFFLE RIGHT, ROCK STEP RIGHT, STAMP/KICK/TOUCH BALL CHANGE

- 1-2 Step left cross right and starting ¼ turn left, step right to right completing ¼ turn left (now you are facing 7:30)
- 3&4 Step left cross right, step right to right, step left cross right
- 5-6 Rock step right to right, recover to left
- 7&8 Stamp/kick/touch right foot forward, step the ball of right foot next to left, change weight to left

MOVING BCK DIAGONAL RIGHT (SW, 7:30): STEPS, LOCK STEP, SWEEPS, SAILOR STEP WITH ¼ TURN LEFT

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, step left behind right, step right forward
- 5-6 Sweep left round right forward, sweep right round left forward
- 7&8 Step left behind right, step right in place turning ¼ left, step left in slightly forward (you are now facing 4:30)

MOVING BCK DIAGONAL LEFT (4:30): FULL TURN ON TWO STEPS, SHUFFLE, ROCKING CHAIR

- 1-2 Turning ½ to the left on left ball step right back, turning ½ to the left on right ball step left forward
- 3&4 Step right forward, step left close right, step right forward
- 5-6 Rock step left forward, recover to right
- 7-8 Rock step left back, recover to right

REPEAT

In 1 wall version change last two steps of the rocking chair as follows

FULL TURN ON TWO STEPS, SHUFFLE, MODIFIED ROCKING CHAIR

- 1-2 Turning ½ to the left on left ball step right back, turning ½ to the left on right ball step left forward
- 3&4 Step right forward, step left close right, step right forward
- 5-6 Rock step left forward, recover to right
- 7-8 Rock step left back turning ¼ left, recover to right (you are now facing 1:30)

1 wall version can also be danced as contra line dance: partners start facing one another so that they will pass at very close distance when traveling forward diagonal right. The starting distance should be such that they will meet and pass in the end of the first eight (count 8)

