

Pushin' Country

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Cher Palmer & Debbie Jones
音乐: Pushin' Country - The Riversedge Band



KICK-BALL-CHANGE, TOE TOUCHES, SAILOR STEPS

1&2 Kick right forward, quickly step slightly back on right, step slightly forward on left
3-4 Touch right toe forward, touch right toe to side
5&6 Cross right foot behind left, step left foot to side, step right foot to side
7-8 Touch left toe forward, touch left toe to side
9&10 Cross left behind right, step right foot to side, step left foot to side

2 RIGHT- KICK-BALL-CHANGES, RIGHT SHUFFLE, LEFT SHUFFLE

11&12 Kick right forward, quickly step slightly back on right, step slightly forward on left
13&14 Kick right forward, quickly step slightly back on right, step slightly forward on left
15&16 Step right forward, close left beside right, step right forward
17&18 Step left forward, close right beside left, step left forward

VINE TO THE RIGHT, VINE TO THE LEFT

19-22 Side step right, step left behind right, side step right, touch together left
23-26 Side step left, step right behind left, side step left, touch together right

RIGHT & LEFT SWITCHES, & HEEL & TOUCH, & HEEL & TOUCH & RIGHT & LEFT SWITCHES

27& Touch right to right side, step right beside left
28& Touch left to left side, step left beside right
29& Touch right heel forward, step right beside left
30& Touch left toe next to right, step left beside right
31& Touch right heel forward, step right beside left
32& Touch left toe next to right, step left beside right
33& Touch right to right side, step right beside left
34& Touch left to left side, step left beside right

BUMP & GRINDS, RIGHT SHUFFLE, ROCK STEP, TRIPLE STEP WITH ½ TURN

35-36 Step down on right foot while double bumping right hip forward
37-38 Double bump left hip back
39-42 Rotate hips counter to the right for 4 beats
43&44 Step right forward, close left beside right, step right forward
45-46 Rock forward at an angle on left foot, step in place on right foot
47&48 Turn half turn left stepping left, right, left

REPEAT
