

Push Around

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 0 级数:
编舞者: Unknown
音乐: Fast As You - Dwight Yoakam



HEEL, TOUCH, HEEL, STEP

- 1 Touch right heel forward
- 2 Touch right beside left
- 3 Touch right heel forward
- 4 Step right beside left

HEEL, TOUCH, HEEL, STEP

- 5 Touch left heel forward
- 6 Touch left beside right
- 7 Touch left heel forward
- 8 Step left beside right

HEEL SWIVELS, CLAP

- 9 Swivel both heels left
- 10 Swivel both heels right
- 11 Swivel both heels left
- 12 Clap

HIP BUMPS

- 13 Bump hips right
- 14 Bump hips right
- 15 Bump hips left
- 16 Bump hips left
- 17 Bump hips right
- 18 Bump hips left
- 19 Bump hips right
- 20 Bump hips left

SHUFFLE, ROCK, RECOVER

- 21&22 Shuffle forward right, left, right
- 23 Rock forward on left
- 24 Recover back onto right

SHUFFLE BACK, ROCK, RECOVER

- 25&26 Shuffle backwards left, right, left
- 27 Rock back on right
- 28 Recover forward onto left

SHUFFLE, STEP, STEP

- 29&30 Shuffle forward right, left, right
- 31 Step forward on left
- 32 Step forward on right

SHUFFLE, STEP, PIVOT ½

- 33&34 Shuffle forward left, right, left
- 35 Step forward on right

36 Pivot ½ left

STEP, PIVOT ½, STOMP, CLAP

37 Step forward on right

38 Pivot ½ left

39 Stomp right beside left

40 Clap

REPEAT
