

Purest Of Pain!

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Elke Weinberger (NL)
音乐: Purest Of Pain - Son By Four



BACK SLIDE, SCISSORS PATTERN, SCISSORS PATTERN, ¾ RIGHT TURN, STEP, PIVOT ½ RIGHT TURN WITH FIGURE '4' HOOK, FORWARD COASTER PATTERN

- 1 Slide right back (taking long step) and push hips back
- 2&3 Slide left to side left, slide right beside left, cross left over right
- 4&5 Slide right to side right, slide left beside right, cross right over left
- &6 Step left to left making ¼ turn right, complete another ½ turn right and step right forward
- &7 Step left forward, pivot ½ turn right as you hook right behind left shin
- 8&9 Step right forward, slide left beside right, slide right back

BACK SLIDE, TOGETHER, TRAVELING FORWARD FULL TURN LEFT, RONDE, RONDE, ½ RIGHT UNWIND TURN, ½ RIGHT TURN, RONDE

- 10-11 Slide left back, slide right close together to left
- 12&13 Step left forward, execute ½ left and step right back, execute another ½ left and step left forward
- 14-15& Sweep right around from back to front, now sweep right around from front to behind left heel, unwind ½ right turn on ball of left (keeping weight onto left)
- 16&17 Step on right (slightly forward) as you commence to turn right, complete ½ turn right and bring left close together to right (begin to sweep right), sweep right out from front to back (weight ends on right)

SIDE ROCK, RECOVER, WEAVE, ¼ LEFT MONTEREY TURN, BACK TOUCH, PIVOT ½ RIGHT TURN

- 18-19 Rock left to left, recover weight onto right (swaying hips)
- 20&21 Cross left behind right, step right to right, cross left over right
- &22-23 Step right beside left, touch left toe to left, execute ¼ left turn as you bring left beside right
- 24-25 Touch right toe back (with leg straighten), pivot ½ right turn and push hips back (weight remains on left)

JAZZ BOX PATTERN, BACK TOUCH, PIVOT ½ LEFT, JAZZ BOX PATTERN, DRAG & TOUCH

- 26&27 Cross right over left, step left back, step right close together to right
- 28-29 Touch left back (with leg straighten), pivot ½ left turn and push hips back (weight remains on right)
- 30&31 Cross left over right, step right back, slide left to side left (taking long step)
- 32 Drag and touch right beside left

SIDE SLIDE, 1/8 LEFT TURN, BACK ROCK, RECOVER, HIGH KICK, CURL & HITCH, MODIFIED 3/8 RIGHT SAILOR TURN, PIVOT ½ RIGHT TURN, TRAVELING FORWARD ¾ LEFT TURN, ½ LEFT UNWIND TURN

- 33-34& Slide right to side right (taking long step), execute a 1/8 turn left and rock left back, recover weight onto right
- 35& High kick left forward, curl left back into a hitch position
- 36&37 Step left behind right, step right to right making 3/8 turn right, step left forward
- 38 Pivot ½ turn right (weight ends on right)
- 39&40 Step left forward, execute ½ left and step right back, execute another ¼ left and step left to left
- &41 Cross right over left, unwind ½ turn left (weight remains on right)

SIDE ROCK, RECOVER, WEAVE WITH ¼ LEFT TURN, BACK ROCK, RECOVER, ¼ RIGHT TURN, LONG STEP, DRAG

42-43 Rock left to left, recover weight onto right (swaying hips)
44&45 Cross left behind right, step right to right, cross left over right
&46-47 Step right to right making $\frac{1}{4}$ turn left, rock left back, recover weight onto right
48& Execute $\frac{1}{4}$ turn right and slide left to side left (taking long step), drag and touch right toe beside left

REPEAT

RESTART

On the 3rd rotation, dance till the 32nd count and start dance again from count 1 facing 12:00 wall
