

Punch My Ticket

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Bob Sykes (AUS)
音乐: Heartbreak Express - Alabama



STEP, HIPS, VINE 2, TRIPLE STEP

1-2-3-4 Step right to right, bumping hips, right, left, right, left
5-6 Vine 2 right (step right to side, step left behind right) or roll a full turn right, stepping right, left
7&8 Triple step, right, left, right

STOMP, KICK, TURN ¼ LEFT, STOMP, KICK, BALL CHANGE, STRUT

9-10- Stomp left forward, kick right forward
11-12 Bend your right knee as you turn ¼ left on ball of left foot, stomp right beside left
13&14 Kick left forward, step left beside right, change weight to right (ball change)
15-16 Toe strut left forward (step onto left toe, drop left heel to floor)

STRUTS ROCKS, SHUFFLE BACK

17-18-19-20 Toe strut right forward, toe strut left forward (turn full turn to the left as you strut)
21-22 Step/rock forward onto right, rock back onto left in place
23&24 Shuffle back, right, left, right

HEEL JACK, GRAPEVINE

25-26 Step left across right, step right back
27-28 Touch left forward at 45 degrees left, step left beside right
29-30 Step right across left, step left to
31-32 Left step right behind left, step left to left

REPEAT
