Psychabilly Boogie



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Peter Metelnick (UK)

音乐: Natural Born Thriller - Greg Hanna



HEEL-BALL-CROSS TWICE, RIGHT HEEL GRIND 1/4 TURN, COASTER STEPS:

1&2 Step on right heel forward 45 degrees, step return right, cross step left in front of right

3&4 Repeat steps 1&2

5 Touch right heel to right side with 1/8th heel grind (1:30)

6 Swivel left heel left as right continues additional 1/8th grind to right effecting a 1/4 turn

7&8 Step back on right, step left near right, step right forward

CHARLESTON KICK/CLAP, STEP KICK, RIGHT TOE BACK, ½ TURN TO THE RIGHT:

9-12 Step forward left, kick forward right with clap, step back on right, tap left toe back with clap

13-15 Step forward left, kick forward right with clap, step back on right toe

16 Pivot ½ turn to the right (weight on right)

FORWARD SHUFFLES AND SIDE STEP/HIP BUMPS:

17&18 Shuffle forward with hip bumps on weighted foot: left-right-left

19-20 Step right to side with hip bump right, shift weight to left with hip bump left

21&22 Shuffle forward with hip bumps on weighted foot: right-left-right

23-24 Step left to side with hip bump left, shift weight to right with hip bump right

SAILOR STEPS, CROSS LEFT BEHIND RIGHT, UNWIND LEFT, STEP RIGHT, ½ LEFT

25&26 Left sailor shuffle slightly back: left-right-left 27&28 Right sailor shuffle slightly back: right-left-right

29 Cross step left behind right

30 Unwind ½ to the left on both soles

31-32 Step forward on right, pivot ½ to the left weight on left

REPEAT

RECOMMENDED HAND STYLING:

25&26 Slap downward on thighs (&) slap up along sides of thighs. Clap hands on count 26

27&28 Repeat 25&26 styling