

Promises

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 4 级数:
编舞者: Sue & Jane
音乐: Lipstick Promises - The Cheap Seats



KICK, KICK, CROSS, UNWIND, HIP BUMPS

- 1 Kick right foot forward
- 2 Kick right foot forward
- 3 Cross right foot over left
- 4 Unwind $\frac{1}{2}$ turn to left
- 5 Bump hips to right
- 6 Bump hips to right
- 7 Bump hips to left
- 8 Bump hips to left

KICK, KICK, CROSS, UNWIND, HIP BUMPS

- 9 Kick right foot forward
- 10 Kick right foot forward
- 11 Cross right foot over left
- 12 Unwind $\frac{1}{2}$ turn to left
- 13 Bump hips to right
- 14 Bump hips to right
- 15 Bump hips to left
- 16 Bump hips to left

STEP, SLIDE, STEP, TOUCH, BACK, $\frac{1}{2}$ TURN, SLOW SLIDE

- 17 With right foot step forward 45 degrees
- 18 Slide left to touch behind
- 19 With right foot step forward 45 degrees
- 20 Touch left
- 21 Step back on left
- 22 Reverse pivot $\frac{1}{2}$ turn to left
- 23-24 Slide right foot up to place

STEP, SLIDE, STEP, TOUCH, BACK, $\frac{1}{2}$ TURN, SLOW SLIDE

- 17 With right foot step forward 45 degrees
- 18 Slide left to touch behind
- 19 With right foot step forward 45 degrees
- 20 Touch left
- 21 Step back on left
- 22 Reverse pivot $\frac{1}{2}$ turn to left
- 23-24 Slide right foot up to place

SHUFFLE, CROSS, PAUSE, SIDE, PAUSE, KICK, KICK

- 33&34 Shuffle to right side right, left, right
- 35 Cross left in front
- 36 Pause
- 37 Step right to side
- 38 Pause
- 39 Left kick across right
- 40 Left kick across right

SHUFFLE, CROSS, PAUSE, ¼ TURN, PAUSE, KICK, KICK

41&42 Shuffle to left side left, right, left
43 Cross right in front
44 Pause
45 Step ¼ left
46 Pause
47 Kick forward on right
48 Kick forward on right

TOE FORWARD, PAUSE, TOE BACK, STEP, PIVOT ½, CHA-CHA-CHA

49 Touch right toe forward
50 Pause
51 Touch right toe back
52 Pause
53 Step forward on right foot
54 Pivot ½ left
55&56 Step right, left, right

TOE FORWARD, PAUSE, TOE BACK, STEP, PIVOT ½, CHA-CHA-CHA

57 Touch left toe forward
58 Pause
59 Touch left toe back
60 Pause
61 Step forward on left foot
62 Pivot ½ right
63&64 Step left, right, left

REPEAT
