

# Promised

**COPPER KNOB**  
STEPSHEETS

拍数: 40      墙数: 0      级数:  
编舞者: Jon Starmar & Eileen Sheward  
音乐: The Love You Promised Me - Monte Warden



## WALK TWICE, ROCK STEP, STEP PIVOT

1-2            Walk left right  
3-4            Rock forward left recover right  
5-6            Rock back left recover right  
7-8            Step left pivot ½ turn right  
9-16          Repeat as 1-8

## CROSS POINT TWICE BOX STEP ¼ TURN TOUCH

17-18         Cross left over right point right to right side  
19-20         Cross right over left point left to left side  
21-22         Cross left over right step back on right  
23-24         Step ¼ turn left touch right next to left

## SIDE SHUFFLE ¼ TURN ½ TURN SHUFFLE ½ TURN SHUFFLE ROCK STEP

25&26         Right side shuffle ¼ turn right  
27&28         Shuffle left ½ turn over right shoulder  
29&30         Shuffle right ½ turn over right shoulder  
31-32         Rock forward left recover right

## AND TOUCH KICK TWICE ROCK STEP TWICE

&33-34        And step left next to right touch right toe across left kick right forward  
&35-36        And step right next to left touch left toe across right kick left forward  
37-38         Rock back left recover right  
39-40         Rock left to left side recover right

## REPEAT

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