

# The Promise Waltz

**COPPER** KNOB  
STEPSHEETS

拍数: 42                      墙数: 2                      级数: Improver  
编舞者: Sylvia Schell (USA)  
音乐: As God Is My Witness - Kenny Rogers



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## LEFT FORWARD WALTZ STEP, RIGHT FORWARD WALTZ STEP

1-3                      Waltz forward left, right, left  
4-6                      Waltz forward right, left, right

## WALTZ BACK LEFT, DIAGONAL LONG STEP BACK RIGHT, DRAG, TOUCH

1-3                      Waltz back left, right, left  
4-6                      Long step back diagonally right with right, drag left to right, touch left beside right

## TURN, TURN, STEP, BACK WALTZ STEP

1-3                      Turn  $\frac{1}{4}$  turn to left stepping on left, turn  $\frac{1}{2}$  turn left on ball of left stepping back on right, step back on left  
4-6                      Waltz back right, left, right

## FORWARD, TURN, STEP, BACK WALTZ STEP

1-3                      Step forward on left, turn  $\frac{1}{2}$  turn left on ball of left stepping back on right, step back on left  
4-6                      Waltz back right, left, right

## CROSS, TOUCH, HOLD, CROSS, TOUCH, HOLD

1-3                      Cross left over right, touch right toe to right side, hold  
4-6                      Cross right over left, touch left toe to left side, hold

## CROSS, TURN, STEP, BACK WALTZ STEP

1-3                      Cross left over right, turning  $\frac{1}{4}$  turn left step back on right, step back on left  
4-6                      Waltz back right, left, right

## LONG STEP, SLIDE, TOUCH, LONG STEP, SLIDE, TOUCH

1-3                      Step long step to left with left, drag right to left and touch beside left  
**As you do this turn your head to the right and point your right arm straight out and bring it to your right leg**  
4-6                      Step long step right with right, drag left to right and touch beside right  
**As you do this turn your head to the left and point your left arm straight out and bring it to your left leg**

**REPEAT**

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