

Pride And Joy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate west coast swing
编舞者: Annie Saerens (BEL)
音乐: Pride & Joy - Scooter Lee



STEP, TOUCH, STEP, HEEL TOUCH, ¼ TURN LEFT, FLICK

1-2& Right step forward, left touch behind right foot, step back with left
3-4 Touch right heel forward, ¼ turn to the left on left with a right flick behind

¼ HEEL GRIND, STEP, COASTER STEP

5-6 Right front heel grind with ¼ turn to right, step back with left foot
7&8 Step back with right, step left beside right, step forward with right

RIGHT PIVOT TURN ½ (TWICE)

1-2 Left step forward, ½ turn to right on ball of both feet (put weight on right)
3-4 Left step forward, ½ turn to right on ball of both feet (put weight on right)

CROSS STEP, SIDE STEP, WEAVE

5-6 Cross left in front of right, step with right to the side
7&8 Cross left behind right, step with right to the side, cross left in front of right

STEP, HOOK, STEP, ½ TURN RIGHT, HOOK

1-2 Right step to the right, left hook behind right
3-4 Left step to the left, ½ turn to right on left foot with right hook crossing left

SHUFFLE ¼, PIVOT TURN ¼

5&6 Step right with ¼ turn to right, step left beside right, step forward with right
7-8 Step forward with left, turn ¼ to the right on ball of both feet

CROSS STEP, ¼ STEP, ¼ TURN SHUFFLE

1-2 Cross left in front of right, ¼ turn to left stepping back on right
3&4 Turn ¼ to left stepping to the side with left, step right beside left, step left to left side

SCUFF, ¼ TURN, HITCH, STEP, TOUCH WITH KNEE POP, RIGHT KNEE POP

5&6 Scuff right, ¼ turn to left on left foot with right hitch, step to the right with right foot
7-8 Touch left beside right with inside knee pop, right inside knee pop in place

REPEAT
