

Pretty Hip

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Chris Hodgson (UK)
音乐: This is Hip - John Lee Hooker



DIAGONAL ROCK STEP, & BACK-BACK, COASTER STEP, SWEEP-½ TURN

1-2 Step right diagonally forward right, rock weight back onto left
&3-4 Step right next to left, step back on left, step back on right
5&6 Step back on left, step right next to left, step forward on left
7-8 Sweep right around over left making ½ turn left, touch right next to left

FORWARD-BEHIND-TOGETHER, ¼ TURN-BEHIND-TOGETHER, FORWARD-HITCH, STEP BACK X 3

1-2& Step right diagonal, forward right, cross left behind right, step right next to left
3-4 ¼ turn left stepping forward on left, cross right behind left
& Step left next to right
5-6 Long step diagonally forward right on right, hitch left knee slightly
&7-8 Step back on left, step back on right, step back on left

Add 6 count tag here on walls 2 & 4 & 2 count tag on wall 6 (always when you start the dance facing back wall, so tags on 3:00 wall)

FORWARD-SLIDE-FORWARD-HITCH -¼ TURN, SIDE-SLIDE, TOGETHER-CROSS-SIDE

1-4 Step forward on right, slide left next to right, step forward on right, ¼ turn left lifting left slightly
5-6 Step left to left side, slide right next to left
&7-8 Step right next to left, cross left over right, step right to right side

TOGETHER-CROSS-¼ TURN, TRIPLE ½ TURN, SWAY TWICE, CROSS-FULL UNWIND

&1-2 Step left next to right, cross right over left, ¼ turn right stepping back left
3&4 Triple ½ turn right stepping on right-left-right
5-6 Step left to left side swaying hips left, sway hips right
7-8 Cross left over right, unwind full turn right ending with weight on left

SKATE-SKATE-SHUFFLE, ¼ TURN SKATE-SKATE-SHUFFLE

1-2 Skate forward on right, skate forward on left
3&4 Small step forward on right, cross left behind right, small step forward on right
&5-6 ¼ turn left on ball of right, skate forward on left, skate forward on right
7&8 Small step forward on left, cross right behind left, small step forward on left

CROSS-BACK, BACK-SLIDE, KNEE POPS, KICK-BALL-STEP FORWARD

1-2 Cross right over left, step back on left
3-4 Long step back on right, slide left back touching slightly forward of right
5&6 Pop right knee, pop left knee, pop right knee (weight on left)(or do hips bumps)
7&8 Kick right forward, step right next to left, step forward on left

REPEAT

TAG

After count 16 on 3:00 wall when starting dance facing back wall

1-6 Step forward right, pivot ½ turn left twice, step forward on right, rock back on left with hips

Do this on walls 2 and 4

1-2 Step forward right, rock weight back onto left with hips

Do this on wall 6

ENDING

To end facing home wall: on counts 7-8 sweep and full turn to face front
