

Precious Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Julie Easter (UK)
音乐: Precious Time - Van Morrison



SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE BACK, ROCK BACK

1&2 Shuffle forward, right, left, right
3-4 Rock forward on left foot, rock back onto right foot
5&6 Shuffle back, left, right, left
7-8 Rock back on right foot, rock forward onto left foot

VINE RIGHT, HOOK & SLAP, VINE LEFT, HOOK & SLAP

9-11 Step right to right side, cross left behind right, step right to right side
12 Hook left leg behind right knee and slap left foot with right hand
13-15 Step left to left side, cross right behind left, step left to left side
16 Hook right leg behind left knee and slap right foot with left hand

QUARTER TURN WITH KICK, STEP BACK & TOUCH TWICE

17-18 Step right foot to right side pivoting $\frac{1}{4}$ turn to right, kick left foot forward
19-20 Step back on left, touch right next to left
21-22 Step right foot to right side pivoting $\frac{1}{4}$ turn to right, kick left foot forward
23-24 Step back on left, touch right next to left

STEP TO RIGHT, HALF TURNS TWICE, STEP FORWARD, HOOK & SLAP

25-26 Step right to right side, clap while holding for one count
27-28 Pivot $\frac{1}{2}$ turn to right on right foot stepping left next to right, clap while holding for one count
29-30 Pivot $\frac{1}{2}$ turn to left on left foot stepping right next to left, clap while holding for one count
31-32 Step forward on left foot, hook right leg behind left knee and

slap right foot with left hand

Alternative for steps 31-32 - coaster step, step back on left, close right to left, step forward on left foot

REPEAT