

# Precious

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Unknown  
音乐: Precious Time - Van Morrison



The choreographers are named Simon, Sheila, Andrew, Fay & Lynn

- 1&2      Chasse' left  
3-4      Rock right across left, step left to left with  $\frac{1}{4}$  turn right  
5&6      Step right  $\frac{1}{4}$  turn right, step left in place, step right side right  
7-8      Rock left across right, recover weight to right
- 1&2      Step left side left, step right in place, step left  $\frac{1}{4}$  turn left  
3-4      Full turn left (still moving forward) stepping right then left  
5&6      Shuffle forward right  
7-8      Rock left forward, recover weight to right
- 1&2      Chasse' left  
3&4      Shuffle forward right  
5-6      Rock left side left, recover weight to right  
7&8      Left sailor step
- 1&2      Right kick-ball touch (move left knee across right slightly)  
3&4      Left kick-ball touch (move right knee across left slightly)  
5-6      Step right  $\frac{1}{4}$  turn right, touch left in place  
**Lift weight from left heel, right fully down**  
7-8      Step left  $\frac{1}{4}$  turn left, touch right in place  
**Lift weight from right heel, left fully down**
- 1&2      Kick right foot forward, step right in place, step left  $\frac{1}{4}$  turn left  
3-4      Point right toe side right, hitch right knee across left  
5-6      Point right toe side right, hitch right knee across left  
7&8      Shuffle forward right
- 1-2      Rock left forward, recover weight to right  
3&4      Shuffle back left (body angled slightly left)  
5-6      Rock right back, recover weight to left  
7&8      Right kick-ball touch
- 1-4      Vine left, touch right  
5-7      Rolling vine right (stepping right-left-right a full turn)  
8      Hitch left with  $\frac{1}{2}$  turn right
- 1-4      Vine left, step right fully in place beside left  
5-8      Both heels swivel right, both toes right, both heels to center, hold and clap

**REPEAT**