Pre Party



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Maurice Rowe (USA) 音乐: All the Way - Craig David



WALK RIGHT, LEFT; HALF TURN RIGHT SAILOR; LEFT CROSS ROCK AND RONDÉ, 1/4 TURN TO LEFT, BEHIND, SIDE, CROSS

1-2 Walk forward on right, walk forward on left

3&4 Step right behind left turning ¼ to the right, step right next to left turning ¼ to the right, step

left next to right

5&6 Cross rock left over right, recover onto right and sweep left around to left turning ¼ to left on

ball of right foot (no weight on left on count 6)

7&8 Step on left behind right, step to right on right, step left across right (3:00)

STEP SIDE & TOE SPLIT; BALL WALK, WALK; SYNCOPATED ROCK, RECOVER WITH ½ TURN; CHASE TURN TO RIGHT

1&2 Step right to right side, with weight on both heels, split toes apart and bring toes back

together

&3-4 Rock back on ball of left, recover on right and walk forward on left

Rock forward on right, recover onto left, turn ½ turn over right shoulder and step onto right

7&8 Step forward on left, turn ½ turn over right shoulder and step onto right, step forward on left

(3:00)

RIGHT KICK, BALL, CHANGE; SIDE STEP AND TOUCH; LEFT KICK, BALL, CHANGE; SIDE STEP AND TOUCH

1&2	While angling body to right diagonal, kick right forward, step right down, step left beside right
3-4	Take a big step to right on right, drag left and touch left beside right, turning to left diagonal
5&6	While angling body to left diagonal, kick left forward, step left down, step right beside left
7-8	Take a big step to left on left, drag right and touch right beside left, squaring to the wall at

(3:00)

JUMP BACK RIGHT, LEFT AND HIP BUMPS TWICE; FORWARD COASTER STEP; BACKWARD COASTER STEP

&1&2 Jump back right, left (feet shoulder width apart), hip bumps right, left

Easier steps: jump back on &1, hold on counts &2

&3&4 Jump back right, left (feet shoulder width apart); quick hip bumps right, left

Easier steps: jump back on &3, hold on counts &4

5&6 Step forward on right, step forward on left, step back on right

7&8 Step backward on left, step backward on right, step forward on left (3:00)

REPEAT

A big thank you to Sandy Albano for writing the step sheet