

Praying For Daylight

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数:
编舞者: Marg Jones (CAN)
音乐: Prayin' for Daylight - Rascal Flatts



Start on count 33 after they sing "ooh, ooh"

This stepsheet has been written using the count as 184 bpm. (double time)

RIGHT TOE, HEEL, CROSS, HOLD; LEFT TOE, HEEL, CROSS, HOLD

1-2 Touch right toe in towards left instep; touch right heel in towards left instep
3-4 Step on right across front of left; hold
5-6 Touch left toe in towards right instep; touch left heel in towards right instep
7-8 Step on left across front of right; hold

ROCK, RECOVER, CROSS, HOLD, BOUNCE X 3 TURNING ¼ LEFT; HOLD

9-10 Rock right to right, recover weight onto left
11-12 Step right across left; hold
13-16 Bounce heels 3 times while turning ¼ left; hold

CROSSING SHUFFLE, HOLD; SCISSORS; HOLD

17-18 Step left across right; step right to right
19-20 Step left across right; hold
21-22 Step right to right; step left across behind right
23-24 Step right across front of left; hold

STEP, BUMP HIPS LEFT, RIGHT, LEFT; HOLD; CROSS, UNWIND; HOLD

25-28 Step left to left while bumping hips to left, right, left; hold
29-32 Step on right across left; unwind ½ turn to left; hold (weight ends on right foot)

LEFT TOUCH SIDE, FRONT, SIDE; HOLD; SAILOR; HOLD

33-36 Touch left toe to left side, front, side; hold
37-40 Swing left around behind right; step right to right; step on left; hold

RIGHT TOUCH SIDE, FRONT, SIDE; HOLD; SAILOR; HOLD

41-44 Touch right toe to right side, front, side; hold
45-48 Swing right around behind left; step left to left; step on right; hold

STEP; HOLD; PIVOT ½ RIGHT; HOLD; HEELS OUT, IN, OUT; HOLD

49-52 Step forward on left; hold; pivot ½ right, ending weight on both feet; hold
53-56 With right slightly head of left, swivel both heels out, in, out; hold

RIGHT COASTER BACK; HOLD; LEFT COASTER FORWARD; HOLD

57-60 Step back on right; step back on left; step forward on right; hold
61-64 Step forward on left; step forward on right; step back on left; hold

REPEAT

TAG

This is simply the first 8 counts of the dance. Add it twice after wall 2 and once after wall 5.

RIGHT TOE, HEEL, CROSS, HOLD; LEFT TOE, HEEL, CROSS, HOLD

1-2 Touch right toe in towards left instep; touch right heel in towards left instep
3-4 Step on right across front of left; hold

5-6
7-8

Touch left toe in towards right instep; touch left heel in towards right instep
Step on left across front of right; hold
