

# Practice Partner (P)

**COPPER KNOB**  
BYEFOURTEENS

拍数: 32                      墙数: 0                      级数: Partner  
编舞者: Tony Colbert (IRE)  
音乐: One Night At a Time - George Strait



**Position: Start back to back with the men facing into the center of the circle and the women looking outwards**

## CHA-CHA FORWARD, CHA-CHA BACK

1&2                      **MAN:** Cha-cha forward towards center of circle left, right, left  
                             **LADY:** Cha-cha forward away from man. Right, left, right  
3&4                      **MAN:** Cha-cha back right, left, right  
                             **LADY:** Cha-cha back left, right, left

## STEP, KNEE CROSS, CHA-CHA WITH ½ TURN

5-6                      **MAN:** Step on left, hitch right knee across left leg  
                             **LADY:** Step on right, hitch left knee across right leg  
7&8                      **MAN:** Cha-cha right, left, right taking ½ turn right  
                             **LADY:** Cha-cha left, right, left taking ½ turn left

**Both dancers are now facing one another. They should raise their hands above shoulder level and hold hands**

## STEP, POINT, STEP BACK, POINT

9-10                     **MAN:** Step on left, point right toe forward  
                             **LADY:** Step on right, point left toe forward  
11-12                    **MAN:** Step back on right, point left toe back  
                             **LADY:** Step on left, point right toe back

**Man lets go of lady's left hand and raises her right hand to allow her pass under on next cha-cha**

## CHA-CHA WITH ½ TURN, STEP, TOUCH

13-14                    **MAN:** Cha-cha left, right, left taking ½ turn right (letting lady pass under her own arm)  
                             **LADY:** Cha-cha right, left, right taking ½ turn left (passing under her own raised right arm)  
15-16                    **MAN:** Step right in place, touch left toe beside right foot  
                             **LADY:** Step left in place, touch right toe beside left foot  
17-24                    **BOTH:** Repeat steps 9-16

**On step 24 man raises lady's right hand and places his right hand on her waist and she places her left hand on his shoulder to enter a ballroom hold the next three cha-chas are executed while in the ballroom hold**

## CHA-CHA ALONG LINE OF DANCE, CHA-CHA WITH ½ TURN

25&26                    **MAN:** Cha-cha left, right, left to left side  
                             **LADY:** Cha-cha right, left, right to right side  
27&28                    **MAN:** Cha-cha right, left, right turning ½ left  
                             **LADY:** Cha-cha left, right, left turning ½ right

## CHA-CHA WITH ½ TURN, STEP, TOUCH WITH ½ TURN

29&30                    **MAN:** Cha-cha left, right, left turning ½ left  
                             **LADY:** Cha-cha right, left, right turning ½ right

**Let go both hands**

## ½ TURN, STEP TOUCH (ENDING UP BACK TO BACK)

31-32                    **MAN:** ½ Turn right stepping to the side with right to face into the center of the circle, touch left beside right foot.  
                             **LADY:** ½ Turn left stepping to the side with left to face out from the circle, touch right beside left foot.

REPEAT

---