

# The Powderpuff Strut

拍数: 32      墙数: 4      级数:  
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音乐: She's Tough - Duane Steele



## TOE STRUTS

- 1-2      Step right toe forward, step down on right foot
- 3-4      Step left toe down, step down on left foot
- 5-6      Step right toe forward, step down on right foot
- 7-8      Step left toe down, step down on left foot

## JAZZ BOX AND TURN

- 1-2      Cross right foot over left, step back on left foot
- 3      Step right foot to right making a  $\frac{1}{4}$  turn to right
- 4      Step left foot together

## DOUBLE HEEL, DOUBLE TOE

- 1-2      Tap right heel forward twice
- 3-4      Tap right toe back twice

## BASIC RIGHT AND LEFT

- 1-2      Step right foot to right side, slide left foot beside right
- 3-4      Step right foot to right side, touch left foot together
- 5-6      Step left foot to left side, slide right foot beside left
- 7-8      Step left foot to left side, touch right foot together

## HEEL CHANGES, UNWIND $\frac{1}{2}$ TURN

- 1&      Touch right toe to right side, touch right together
- 2&      Touch left heel forward, touch left together
- 3&      Touch right heel forward, touch right together
- 4      Touch left toe to left side
- 5      Cross left over right
- 6      Unwind  $\frac{1}{2}$  turn to right
- 7-8      Stomp right in place, stomp left in place.

## REPEAT

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