

Pour Out The Rain

拍数: 40 墙数: 2 级数: Improver
编舞者: Ray Cadden (UK)
音乐: Help Pour Out the Rain (Lacey's Song) - Buddy Jewell



RHUMBA BOX, WALK BACK LEFT, RIGHT

1&2 Left to left side, step right next to left, step left forward
3 Hold
4&5 Right to right side, step left next to right, step right back
6 Hold
7-8 Walk back left, right

COASTER STEP, STEP, LOCK, STEP, RIGHT & LEFT, STEP ¼ PIVOT LEFT, CROSS, HOLD

1&2 Step back left, step right next to left, step left forward
3&4 Step right diagonal forward, lock left behind right, step right diagonal forward
5&6 Step left diagonal forward, lock right behind left, step left diagonal forward
7&8& Step forward right, pivot ¼ left putting weight on left, cross right over left, hold

4 COUNT WEAVE LEFT, ROCK, TURN STEP HOLD, RIGHT STEP LOCK STEP, LEFT COASTER STEP

1& Step left to left, cross right behind left
2& Step left to left, cross right over left
3&4 Rock left out to left, as you recover onto right, turn ¼ right, step forward left
5&6 Step right forward, lock left behind right, step right forward
7&8 Step forward left, step right next to left, step back on left

RIGHT BACK LOCK BACK, SHUFFLE ½ LEFT, ROCK AND TURN ½ RIGHT, SHUFFLE ½ TURN RIGHT

1&2 Step back on right, lock left over right, step back on right
3&4 Shuffle ½ turn left stepping left right left
5&6 Rock forward on right, recover weight on left, turn ½ turn right stepping forward on right
7&8 Shuffle ½ turn right stepping left, right, left

RIGHT & LEFT SAILOR, RIGHT SHUFFLE

1&2 Step right behind left, step left to left side, step right to right side
3 Hold
4&5 Step left behind right, step right to right side, step left to left side
6 Hold
7&8 Step right forward, step left next to right, step right forward

REPEAT

On wall 6, the music slows down. Dance the last 8 counts slowly. Start dance again when beat kicks in
Dedicated to Ali for her invaluable help