

# Pour Me One

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Holly Ruschman (USA)  
音乐: Pour Me - Trick Pony



Start dance after 4th "pour me"

## TOE HEEL CROSS CLAP

1-2            Bring right toe to left instep bring right heel to left instep  
3-4            Cross right over left hold & clap  
5-8            Repeat on left

## ½ TURN CHASE STEPS

9-10          Step forward on right & turn ½ left, step left in place  
11-12        Step forward on right, hold 1 count  
13-14        Step forward on left & turn ½ right, step in place on right  
15-16        Step forward on left hold 1 count

## GRAPEVINE JUMPING JACKS

17-20        Step to right, step left behind, step to right, step left next to right  
21-22        Jump both feet apart, jump and cross left over right  
23-24        Jump both feet apart, jump left foot forward diagonally, right foot behind

## FORWARD HOP STEPS

25-32        Step forward on ball of left foot & bring right foot up behind left heel, repeat 3 more times ending with right touch

## FULL TURN BACKWARDS VINE TURNING LEFT

33-34        Step back on right foot and clap  
35-36        Step forward on left and clap completing ½ turn  
37-38        Step forward on right foot and clap  
39-40        Step on left completing 2nd ½ of full turn and clap

## HIP BUMPS AND HOLD

41-43        Step forward with right foot and bump hips forward, back, forward  
44            Hold 1 count  
45-47        Bump hips back, forward, back  
48            Hold 1 count

## ROCK AND STEP HOLD RIGHT & LEFT

49-52        Rock to right on right, step left in place, step right next to left, hold and clap  
53-56        Rock to left on left, step right in place, step left next to right, hold and clap

## ½ PADDLE TURN LEFT (8 COUNTS)

57-64        Step right foot forward and sway back and forth to left foot for an 8 count ½ turn left

**REPEAT**

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