

Pot Of Gold

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Liam Hrycan (UK)
音乐: Dance Above the Rainbow - Ronan Hardiman



RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT BEHIND/UNWIND FULL TURN, LEFT SIDE ROCK/RECOVER

1&2 Cross right behind left, step left to side, step right to side
3&4 Cross left behind right, step right to side, step left to side
5-6 Cross right behind left, unwind a full turn (weight to right)
7-8 Rock left to side, recover onto right

Option: bend knees and go down low for the unwind, then straighten up for the rock

LEFT SAILOR STEP, RIGHT SAILOR STEP, LEFT BEHIND/UNWIND FULL TURN, RIGHT SIDE ROCK/RECOVER

9&10 Cross left behind right, step right to side, step left to side
11&12 Cross right behind left, step left to side, step right to side
13-14 Cross left behind right, unwind a full turn (weight to left)
15-16 Rock right to side, recover onto left

Option: bend knees and go down low for the unwind, then straighten up for the rock

RIGHT CHASSE, LEFT CROSS ROCK/RECOVER, LEFT CHASSE, RIGHT CROSS ROCK/RECOVER

17&18 Step right to side, step left together, step right to side
19-20 Cross/rock left over right, recover onto right
21&22 Step left to side, step right together, step left to side
23-24 Cross/rock right over left, recover onto left

RIGHT CHASSE (¼-RIGHT), LEFT STEP/½ PIVOT, FULL TURN FORWARD (LEFT, RIGHT), LEFT SHUFFLE

25&26 Step right to side, step left together, turn ¼ right and step right forward
27-28 Step left forward, turn ½ right (weight to right)
29-30 Step left forward, turn ½ right and step right back
31&32 Turn ½ right and step left forward, step right together, step left forward

RIGHT MAMBO, LEFT BACK MAMBO, RIGHT STEP/½ PIVOT, RIGHT STOMP, LEFT STOMP

33&34 Rock right forward, recover onto left, step right back
35&36 Rock left back, recover onto right, step left forward
37-38 Step right forward, turn ½ left (weight to left)
39 Stomp right forward
& (Every wall except the first) clap
40 Stomp left forward
& (Every wall except the first) clap

RIGHT MAMBO, LEFT BACK MAMBO, RIGHT STEP/½ PIVOT, RIGHT STOMP, LEFT STOMP

41&42 Rock right forward, recover onto left, step right back
43&44 Rock left back, recover onto right, step left forward
45-46 Step right forward, turn ½ left (weight to left)
47 Stomp right forward
& (Every wall except the first) clap
48 Stomp left forward
& (Every wall except the first) clap

LEFT WEAVE WITH SYNCOPATED RIGHT HEEL TOUCH, RIGHT RECOVER

49-51 Cross right over left, step left to side, cross right behind left

Angling body 45 degrees to the right

&52 Step left together, touch right heel forward

& Step right together

RIGHT WEAVE WITH SYNCOPATED LEFT HEEL TOUCH, LEFT RECOVER

53-55 Cross left over right, step right to side, cross left behind right

Angling body 45 degrees to the left

&56 Step right together, touch left heel forward

& Step left together

JAZZ BOX (½-RIGHT), LEFT CHASSE, RIGHT STOMP/KICK

57-58 Cross right over left, step left back

59-60 Turn ¼ right and step right to side, turn ¼ right and stomp/touch left together

61&62 Step left to side, step right together, step left to side

63-64 Stomp right together, kick right diagonally forward

Clap hands on the &64 counts on every wall except the first

REPEAT
