

# Postmarked

拍数: 32      墙数: 4      级数:  
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音乐: Take a Letter, Maria - Doug Stone



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## SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT, ¼ ROCK, RECOVER

- 1            Step to right on right foot
- &2          Slide left foot next to right foot, step to right on right foot
- 3-4        Rock back on left foot, step forward on right foot
- 5            Step to left on left foot
- &6          Slide right foot next to left foot, step to left on left foot
- 7-8        Rock back on right foot stepping ¼ turn right, step forward on left foot

## TOE, HEEL, TOE, HEEL, WALK FORWARD

- 9-10        Step forward on right toes, step down on right heel
- 11-12      Step forward on left toes, step down on left heel
- 13-14      Walk forward on right foot, walk forward on left foot
- 15-16      Walk forward on right foot, walk forward on left foot

## TOUCH RIGHT, HOLD, TOUCH LEFT, HOLD, RIGHT, LEFT, RIGHT, HOLD

- 17-18      Touch right toes out to right side, hold
- &            Step right beside left
- 19-20      Touch left toes out to left side, hold
- 21          Touch right toes out to right side
- &22        Step right foot next to left foot, touch left toes out to left side
- &            Step left foot next to right foot
- 23-24      Touch right toes out to right side, hold

## SAILOR SHUFFLES, HIP BUMPS

- 25&26      Cross right foot behind left foot
- &26        Step left foot next to right foot, step right foot to right
- 27          Cross left foot behind right foot
- &28        Step right foot next to left foot, step left foot to left
- 29-30      Step forward on right foot bumping hips right, bump hips left
- 31-32      Bump hips right, bump hips left, while kicking left foot back

## REPEAT

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