

Postage Due

COPPERKNOB
STEPPERS

拍数: 0 墙数: 0 级数:
编舞者: Jodi Wittman (USA)
音乐: Signed, Sealed, Delivered I'm Yours - Michael McDonald



Pattern: A A -A -A TAG, A A -A -A TAG, -A to end of song

When using the Michael McDonald version, fade music at 3:01 mark, or vary your toe sweep on counts &25-26 after second TAG to 1/2 or 3/4 for extra fun!

PART A

RIGHT HEELS TAPS, TRAVELING RIGHT SAILOR

1-2 Tap right heel forward twice
3&4 Step right behind left, step left off to left side, step right together
Steps 3&4 move slightly to left

LEFT HEEL, LEFT TOE, ½ WALK TO LEFT

5-6 Left heel forward, left toe back
7&8 Step in place left, right, left as make ½ turn to left

RIGHT HEEL TAPS, TRAVELING RIGHT SAILOR

9-10 Tap right heel forward twice
11&12 Step right behind left, step left off to left side, step right together
Steps 11&12 move slightly to left

LEFT HEEL, LEFT TOE, ½ WALK TO LEFT

13-14 Left heel forward, left toe back
15&16 Step in place left, right, left as make ½ turn to left

STOMP FORWARD RIGHT & LEFT, HIP PUSHES LEFT, BACK, RIGHT

17-18 Stomp forward right, stomp forward left
19&20 Push hips to left, back, right

Feet should be shoulder-width apart

SIGNED, SEALED, DELIVERED HAND MOVEMENTS

21-24 Keeping feet where they are push right hand to right side, push right hand above head, push right hand below waist, push right hand across body to left side

Rock back & forth on balls & heels of feet, and alternate body bending down & knees pushing forward with body standing up & knees coming back under body

I'M YOURS HAND MOVEMENTS WITH ¼ RIGHT TOE SWEEP TO RIGHT

&25-26 Touch right hand to heart, sweep right hand & right toe from in front of body out to right turning ¼ wall to right, touch right toe next to left bringing right arm in

SHUFFLES FORWARD RIGHT & LEFT, TWO ½ PIVOT TURNS TO LEFT

27&28 Shuffle forward right, left, right
29&30 Shuffle forward left, right, left
31-32 Step forward right turning ½ to left, pivot on ball of right turning ½ to left & step left forward
Option: on steps 31-32 walk forward right, walk forward left

PART -A

1-16 Repeat steps 17-32 above (eliminate steps 1-16)

TAG

Done only on front wall first two rotations of dance

RIGHT POINTS, RIGHT COASTER, LEFT POINTS, LEFT COASTER

- 1-2 Right toes point forward, point off to right side
- 3&4 Step back on right, step left together, step right forward
- 5-6 Left toes point forward, point off to left side
- 7&8 Step back on left, step right together, step left forward

STOMP FORWARD RIGHT & LEFT, HEEL SWIVELS, KICK BALL CROSS, STEP RIGHT & SLIDE

- 9-12 Stomp forward right, stomp left together, swivel heels left, center
 - 13&14 Kick right forward, step on ball of right, cross left over right
 - 15-16 Step right to right side, slide left together taking weight
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