

Porushka Poranya

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gary Lafferty (UK)
音乐: Porushka-Paranya - Bering Strait



THE INTRO

There is a 32-count vocal intro to the music. Then dance 'the intro' once, then start 'the dance' just as the music kicks in with the fiddle!

STEP, CLAP-CLAP, STEP, CLAP-CLAP, STEP, ¼ TURN, STEP, ¼ TURN

1&2 Step forward on right foot, clap, clap
3&4 Step forward on left foot, clap, clap
5-6 Step forward on right foot, pivot ¼ turn to left
7-8 Step forward on right foot, pivot ¼ turn to left

STEP, CLAP-CLAP, STEP, CLAP-CLAP, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

1&2 Step forward on right foot, clap, clap
3&4 Step forward on left foot, clap, clap
5-6 Rock forward on right foot, recover weight back onto left foot
7&8 Shuffle back turning ½ turn over right shoulder

THE DANCE

LEFT SHUFFLE, STEP FORWARD, ½ TURN, HEEL SWITCHES, CLAP, CLAP

1&2 Left shuffle forward
3-4 Step forward on right foot, pivot ½ turn to left
5&6 Touch right heel forward, step on right foot beside left, touch left heel forward
&7&8 Step on left foot beside right, touch right heel forward, clap, clap

RIGHT SHUFFLE BACK, ROCK STEP, STEP, BRUSH, STEP, BRUSH

1&2 Right shuffle back
3-4 Rock back on left foot, recover weight onto right foot
5-6 Step forward on left foot, brush right foot forward
7-8 Step forward on right foot, brush left foot forward

ROCK FORWARD, RECOVER, ¼ TURN, TOUCH, FULL ROLLING TURN TO RIGHT, TOUCH/CLAP

1-2 Rock forward on left foot, recover weight back onto right foot
3-4 Turn ¼ left stepping to left on left foot, touch right beside left
5-7 Full rolling turn to right
8 Touch left foot beside right & clap

SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

1-2 Step to left on left foot, step on right foot beside left
3&4 Step forward on left foot, split heels apart, bring heels together
5-6 Rock forward on right foot, recover weight back onto left foot
7&8 Shuffle back turning ½ turn over right shoulder

REPEAT

FINISH

After dancing 8 complete walls the music will come to a complete stop. You will be facing the home wall & here you will hold for a couple of seconds until the music kicks in again. Then do the 9th & final wall to finish (change the last triple ½ turn to a triple ¾ turn to ensure that you end facing front for a "nice" finish!)

