

Poppy's Waltz

COPPER KNOB
STEPSHEETS

拍数: 30 墙数: 4 级数: Beginner waltz
编舞者: Gaye Teather (UK)
音乐: Jackson Waltz - Dave Sheriff



LEFT AND RIGHT CROSS ROCKS

1-3 Cross rock left over right, rock back onto right, step left to left side
4-6 Cross rock right over left, rock back onto left, step right to right side

RIGHT WEAVE, SIDE ROCKS

7-9 Cross left over right, step right to right side, cross left behind right
10-12 Step right to right rocking to right side, rock side left, rock side right

BASIC WALTZ ½ TURN FORWARD, BASIC WALTZ BACK

13-15 Step forward left, make ½ turn left stepping back right, step back left
16-18 Step back right, step left beside right, step right in place

BASIC WALTZ ¼ TURN LEFT, BASIC WALTZ BACK

19-21 Step left ¼ turn to left, step right beside left, step left in place
22-24 Step back right, step left beside right, step right in place

STEP, ROCK TURN ½ LEFT. STEP ROCK TURN, ½ RIGHT

25-27 Step forward left, make ½ turn left rocking back onto right, rock forward onto left
28-30 Step forward right, make ½ turn left rocking back onto left, rock forward onto right

For added styling, emphasize the rocks back on steps 26 and 29 by swaying back and lifting the leading foot slightly

REPEAT
