

Pop Muzak

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Darren Mitchell (AUS)
音乐: Pop Muzak (Radio Edit) - Mousse T. & Roachford



BACK, ½ TURN, SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD

1-2 Step left back, turn ½ turn right step right forward
3&4 Shuffle forward: left-right-left
5-6 Pivot: step right forward, turn ½ turn left take weight onto left
7&8 Shuffle forward: right-left-right

SIDE, ROCK, BEHIND-¼ TURN-FORWARD, HEEL & HEEL & ¾ TURN

1-2 Step left to the side, side rock onto right
3&4 Step left behind right, turn ¼ turn right step right forward, step left forward
5&6& Touch right heel forward, step right together, touch left heel forward, step left together
7-8 Step right forward, turn ¾ turn left take weight onto left (6:00)

SIDE SHUFFLE, BEHIND-SIDE-ACROSS, SIDE SHUFFLE, BEHIND-SIDE-ACROSS

1&2 Side shuffle right: right-left-right
3&4 Step left behind right, step right to the side, step left across in front of right
5&6 Side shuffle right: right-left-right
7&8 Step left behind right, step right to the side, step left across in front of right

SIDE ROCK, ROCK, ACROSS, ¼ TURN, ½ TURN FORWARD, BACK, COASTER

1-2 Step right to the side, side rock onto left
3& Step right across in front of left, turn ¼ turn right step left back
4 Turn ½ turn right step right forward, (3:00)
5-6 Step left forward, rock back onto right
7&8 Coaster: step left back, step right together, step left forward

SIDE-ROCK-ACROSS, SIDE-ROCK-ACROSS, TOUCH, TOUCH, TOUCH - ½ TURN- TOUCH

1&2 Step right to the side, side rock onto left, step right across in front of right
3&4 Step left to the side, side rock onto right, step left across in front of left
5-6 Touch right toe to the side, touch right toe together
7&8 Touch right toe to the side, turn ½ turn right step right together, touch left toe to the side

ACROSS, BACK, SIDE SHUFFLE, ACROSS, BACK, SIDE SHUFFLE

1-2 Step left across in front of right, rock back onto right
3&4 Side shuffle left: left-right-left
5-6 Step right across in front of left
7&8 Side shuffle right: right-left-right

ACROSS, SIDE, BEHIND, ¼ TURN, PIVOT TURN, FULL TURN TRIPLE

1-2 Step left across in front of right, step right to the side
3-4 Step left behind right, turn ¼ turn right step right forward
5-6 Pivot: step left forward, turn ½ turn right take weight onto right
7&8 Travel forward turn full turn right triple step: left-right-left

Easier option: shuffle forward: left-right-left

SKATE, SKATE, SHUFFLE FORWARD, FORWARD, BACK, FULL TURN BACK

1-2 Skate right forward, skate left forward

3&4 Shuffle forward: right-left-right
5-6 Step left forward, rock back onto right
7-8 Turn ½ turn left step left forward, turn ½ turn left step right back

REPEAT

TAG

On the 3rd wall (facing the front) do the first 8 counts of the dance then add:

1-2 Step left forward, rock back onto right
3&4 Coaster: step left back, step right together, step left forward
5-6 Step right forward, rock back onto left
7&8 Coaster: step right back, step left together, step right forward

Then restart the dance again facing the front
