

Pop Magik

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Holly Susan (Boots) Groeschel (USA)
音乐: If the Four Winds Don't Change - Microwave Dave & The Nukes



Thanks for choreography assistance by MagiK In Motion

DOUBLE ROCK STEPS, TRIPLE STEP, TURN

- 1-2 Step forward with left foot in front of right foot, rock back onto right foot
- 3-4 Step forward with left foot in front of right foot, rock back onto right foot
- 5&6 Sweep left foot around and behind right leg as you turn 1 full turn left
- 7 Point/touch right toe the right side
- 8 Slide right foot in next to left foot as you 'pop' left knee (weight on right)

FORWARD AND BACKWARD SIDE POINTS

- 9 Step forward crossing left foot in front of right leg
- 10 Point/touch right toe to the right side snapping fingers downward
- 11 Step forward crossing right foot in front of left leg
- 12 Point/touch left toe to the left side snapping fingers downward
- 13 Step backward crossing left foot behind right leg
- 14 Point/touch right toe to the right side snapping fingers downward
- 15 Step backward crossing right foot behind left leg
- 16 Step to the left side with left foot (feet are shoulder width apart)

DOUBLE ROCK STEPS, TRIPLE STEPS, TURN

- 17-18 Cross right foot in front of left leg, rock back onto left foot
- 19-20 Cross right foot in front of left leg, rock back onto left foot
- 21-22 Sweep right foot around and behind left leg turning 1 full turn right
- 23 Point /touch left toe to left side
- 24 Slide left foot in next to right foot and 'pop' right knee

FORWARD AND BACKWARD SIDE POINTS

- 25 Step forward crossing right foot in front of left leg
- 26 Point/touch left toe to the left side snapping fingers downward
- 27 Step forward crossing left foot in front of right leg
- 28 Point/touch right toe to the right side snapping fingers downward
- 29 Step backward crossing right foot behind left leg
- 30 Point/touch left toe to the left side snapping fingers downward
- 31 Step backward crossing left behind right leg
- 32 Step to the side with right (feet are shoulder width apart)

FORWARD TOUCH, FULL TURN, ELVIS HIPS

- 33-34 Step forward with left foot, touch right toe next to left heel
- 35 Pivot ½ turn right on ball of left foot, step forward slightly with right foot
- 36 Pivot ½ turn right on ball of right foot, step back slightly with left
- 37 Pivot ½ turn right on ball of left foot, step forward slightly with right foot
- 38 Rock back onto left foot thrusting left hip outward (weight on left)
- 39 Rock forward onto right foot
- &40 Rock backward onto left foot, rock forward onto right foot

FORWARD TOUCH, BIG SLIDE, BODY ROLLS

- 41-42 Step forward with left foot, touch right toe next to left heel
- 43 Making a 1/4 turn right, step backward with right foot (big step)
- 44 Slide left foot next to right foot
- 45-46 Step to the left side with left foot as you body roll left
- 47-48 Body roll right side (weight stays on right to begin again?)

REPEAT
