

# Pop (Goes My Heart)

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Pepper Siquieros (USA)  
音乐: Pop! Goes My Heart - Hugh Grant



## STEP FORWARD RIGHT-¼ TURN LEFT ONTO LEFT TWICE; STEP FORWARD-POINT TWICE

1-2      Step right diagonally forward, turn ¼ left (weight to left) (9:00)

**Roll hips as you turn a little more than ¼ turn left**

3-4      Step right foot forward, turn ¼ left (weight to left) (6:00)

**Roll hips as you turn ¼ turn left**

5-6      Step right foot across left, touch left to left side

7-8      Step left foot across right, touch right to right side

## STEP, ¼ TURN KICK, CROSS SHUFFLE, BOOGIE STEP, RIGHT KICK BALL CROSS TO RIGHT SIDE

1-2      Step right foot forward, turn ¼ right and kick left foot to side (9:00)

**Keep weight on right side and kick with toe pointed. Make the turn snappy and punch your right fist straight forward on count 2 when you hear the "whip sound"**

3&4      Crossing shuffle stepping left, right, left

**Bend both knees and swivel toes of both feet slightly right**

5-6      Step right foot to right side

**Swivel balls of feet to left to point both toes forward**

6      Step left foot next to right

**Snap fingers on count 6**

**Option:**

5-6      Step right to right side, cross left over right

7&8      Kick right diagonally forward to right, step right to right side, cross left over right (9:00)

**Restart here on 4th wall after counts 1-16 (you will be facing 6:00)**

## RIGHT SIDE ROCK & CROSS, ¼ TURN, STEP BACK, LEFT BACK COASTER, STEP FORWARD RIGHT, ¼ TURN LEFT

1&2      Rock right to right side, recover to left, cross right over left

3-4      Turn ¼ turn right and step back on left, step back on right (12:00)

5&6      Step back on left, step right next to left, step forward on left

7-8      Step forward on right, turn ¼ turn left (weight to left, 9:00)

## CROSS, JAZZ LEAP, RIGHT DIAGONAL LOCK, STEP, TURN ½, LEFT DIAGONAL LOCK FORWARD

1-2      Cross right over left, jump left over right

**Arms: on count 1, both arms point to right side. On count 2, right foot points back diagonally behind left and both arms circle to the right and point to the left**

3&4      Shuffle forward diagonally right stepping right, left, right

**Moving toward 10:30. You can use a locking shuffle if you like**

5-6      Step left foot forward, turn ½ right (weight to right)

7&8      Shuffle forward diagonally left stepping left, right, left

**Moving toward 4:30. You can use a locking shuffle if you like**

**REPEAT**

**ENDING**

**You will be doing counts 31&32 left diagonal shuffle forward, step forward on right foot and turn ½ left punching right fist forward to face front**