

# Pop

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Pop - \*NSYNC



**Start with head facing down and turned towards left shoulder**

## **OUT, OUT, BODY ROLL, ¼ TURN LEFT, COASTER STEP, FULL TURN**

- &1-2      Step out right foot, left foot, shoulder width apart, snap head up to face forward (on count 2)  
3-4      Body roll with ¼ turn left (now facing 9:00)  
5&6      Left coaster step  
7-8      Full turn to the left, stepping forward right, left

## **TRIPLE STEP, FULL TURN, SWEEP, SAILOR STEP**

- 9&10      Right triple step forward  
11-12      Full turn to the right stepping forward left, right  
13-14      Sweep left leg ¾ turn to the right step down on left (now facing 6:00)  
15&16      Right sailor step

## **WALK, WALK, BODY ROLL RIGHT, BODY ROLL LEFT, HIP BUMPS WITH SHOULDER POPS**

- 17-18      Walk forward left, right  
19-20      Body roll right (angle to left diagonal) end with weight on right foot  
21-22      Body roll left (angle body to right diagonal) end with weight on left foot  
23-24      Bump hips to right twice while dropping right shoulder and raising left shoulder with each hip bump (end with weight on right foot)

## **LEFT WEAVE, ¼ TURN, ½ TURN, COASTER STEP**

- 25-28      Step side left foot, right behind left, side on left foot, right foot in front of left  
29-32      Step side on left foot ¼ to the left (facing 3:00) still moving forward, step back on right doing ½ turn to the left (facing 9:00) ending with left coaster step

**REPEAT**

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